Praise for

Executable Specifications with Scrum

“This is a great book that demonstrates the value of putting effort behind requirements in an Agile environment, including both the business and technical value. The book is well-written and flows nicely, approachable for both the manager and the developer. I am recommending this book to all Scrum teams who need to integrate business analysts and architects as active teammates.”

—Stephen Forte, Chief Strategy Officer at Telerik and Board Member at the Scrum Alliance

“Cardinal’s book brings to light one of the most important and neglected aspects of Scrum: Having user stories that are ready to sprint. Teams often complain about this, and the author offers practical advice on how to get it done right!”

—Steffan Surdek, co-author of A Practical Guide to Distributed Scrum

“Executable Specifications with Scrum doesn’t shine through its depth but its breadth. This compendium of proven agile practices describes an overarching process spike touching important aspects of product development in a cohesive way. In this compact book, Mario Cardinal clearly explains how he achieves a validated value stream by applying agile practices around executable specifications.”

—Ralph Jocham, Founder of agile consulting company effective agile, and Europe’s first Professional Scrum Master Trainer for Scrum.org

“Cardinal provides deep insights into techniques and practices that drive effective agile teams. As a practitioner of the craft Cardinal describes, I now have a written guide to share with those who ask, ‘What is this [ATDD/BDD/TDD/Executable Specification/etc] thing all about?’ Regardless of the name de jour, Cardinal gives us what works.”

—David Starr, Senior Program Manager, Microsoft Visual Studio
“Scrum is barely a process, only a framework. It is a tool, and you have to provide many complementary practices to reach true business agility. This book is perfect for teams that are using Scrum and want to learn about or get started with executable specifications.”

—Vincent Tencé and François Beauregard, Scrum Trainers at Pyxis Technologies

“This book maps out the important place of specifications in an agile landscape to the benefit of agilists of all roles.”

—Erik LeBel, Technology and Development Consultant at Pyxis Technologies
Executable Specifications with Scrum
Executable Specifications with Scrum
A Practical Guide to Agile Requirements Discovery

Mario Cardinal
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First printing, July 2013
To my four outstanding children:  
Dominic, Lea-Marie, Romane, and Michael.
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Preface

There is a wide range of books that have been written about specifications. Unfortunately, most of them are not useful for software development teams. These books rely on traditional engineering practices. They assume requirements are known upfront and, once specified, will not change for the duration of the project. And if changes happen, they presume they will be minor, so they could be tracked with a change management process. They promote a sequential process starting with a distinct requirements phase that delivers a detailed requirements specification before starting to design and build the product.

Goal of This Book

It is my belief that traditional engineering practices are not suitable for software development. Central to the process of software specification is a high level of uncertainty, which is not the case with traditional engineering. Fortunately, with the growth of the agile community in the past decade, a body of knowledge more suited to the reality of software development has emerged. Many books explaining agility have become must-read books for anyone interested in software development. A large majority of them contain at least a chapter or two on requirements, some almost totally dedicated to this topic. Because I believe these texts are important, I will include citations from them and reference them throughout this book.

I wrote this book to add to this body of knowledge. It is a compendium of the agile practices related to executable specifications. Executable specifications enable us to easily test the behavior of the software against the requirements. Throughout this book, I will explain how you can specify software when prerequisites are not clearly defined and when requirements are both difficult to grasp and constantly evolving. Software development practitioners will learn how to trawl requirements incrementally, step-by-step, using a vision-centric and an emergent iterative practice. They will also learn how to specify as you go while writing small chunks of requirements.
This book aims to explain the technical mechanisms needed to obtain the benefits of executable specifications. It not only provides a sound case for iterative discovery of requirements, it also goes one step further by teaching you how to connect the specifications with the software under construction. This whole process leads to the building of executable specifications.

It is important to recognize that even with the best intentions you cannot force agreement upon stakeholders. The following African proverb explains this succinctly: “You can’t make grass grow faster by pulling on it.” When knowledge is incomplete and needs are constantly changing, we cannot rely on approaches based on traditional engineering. Instead, it is critical that you emphasize empirical techniques based on the iterative discovery of the requirements. The objective sought is not only to solve the problem right, but also to solve the right problem—this is the paramount challenge of software construction.

This book is unique in that it teaches you how to connect requirements and architecture using executable specifications. You learn how to specify requirements as well as how to automate the requirements verification with a Scrum framework. As a result of reading this book, you can select a tool and start using executable specifications in future agile projects. Here are five advantages to reading this book:

- You can understand how the work of business analysts changes when transitioning from traditional to agile practices.
- You learn how to groom emergent requirements within the Scrum framework.
- You get insight about storyboarding and paper prototyping to improve conversations with stakeholders.
- You discover how to build an emergent design while ensuring implementation correctness at all times.
- You can understand that software architects who are adopting agile practices are designing incrementally and concurrently with software development.
Who Should Read This Book?

Readers of this book have already adopted the Scrum framework or are transitioning to agile practices. They understand the fundamentals of agility but are unfamiliar with executable specifications. They want to understand why the executable specifications are useful and most important how to start with this new practice.

With the massive adoption of Scrum framework, the next major challenge facing agile teams is to integrate business analysts and architects as active teammates. Anyone who is a Scrum master, manager or decision maker who faces this challenge should read this book. In addition, all team members involved in agile projects will benefit from this book. It goes without saying that business analysts and software architects will be happy to find a book that directly addresses their concerns.

Advanced or expert agilists will be interested in the book’s concise overview of executable specifications. They could use this book to successfully guide their teammates down this path. In addition, the terminology used throughout the book can help leaders to communicate effectively with their peers.

Road Map for This Book

Executable specifications require a change in mindset. This book focuses on this issue. Executable specifications help reduce the gap between what stakeholders want the software to do (the “What”), and what the software really does (the “How”). Executable specifications address requirements in a way that makes it easy for the development team to verify the software against the specifications and this as often as requirement changes occur.

To facilitate this change in mindset, this book offers a unique approach to the process that spans nine chapters:

- **Chapter 1: Solving the Right Problem**

  This chapter explains the need to respond efficiently to the constantly changing requirements using iterative discovery and executable specifications.
• Chapter 2: Relying on a Stable Foundation
This chapter explains how to identify what will hardly change: the core certainties on which the team should rely. Those certainties are not requirements. They are high-level guardrails that ensure a solution can be built. They create a stable foundation to ensure that an iterative requirements discovery is possible.

• Chapter 3: Discovering Through Short Feedback Loops and Stakeholders’ Desirements
This chapter shows that to tackle uncertainties, teams must discover stakeholders’ desires and requirements (desirements) through short feedback loops.

• Chapter 4: Expressing Desirements with User Stories
This chapter teaches you how to express desirements with user stories and how to record them using the product backlog.

• Chapter 5: Refining User Stories by Grooming the Product Backlog
This chapter explains how to groom the product backlog so that you can plan sprints that can increase the likelihood of success of the feedback loops.

• Chapter 6: Confirming User Stories with Scenarios
This chapter demonstrates how to confirm user stories by scripting behaviors with scenarios.

• Chapter 7: Automating Confirmation with Tests
This chapter explains how to turn scenarios into automated tests so that you can easily confirm the expected behavior of the software against the evolving specifications.

• Chapter 8: Addressing Nonfunctional Requirements
This chapter teaches you how to ensure quality software by specifying nonfunctional requirements.

• Chapter 9: Conclusion
This last chapter summarizes the key elements of the book.
Acknowledgments

One to whom I owe the most is Nathalie Provost, who first convinced me to write this book. Throughout this journey, she has supported me and our four children so that I can fulfill that dream.

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Special thanks are due to Leita Boucicaut for assistance in reviewing and improving the manuscript. Her ability and willingness to always find the right word is outstanding. She challenged me to make the text understandable to all, even the nontechnical readers.

Lastly, I could not have published this book without the support of Addison Wesley. Thanks to Christopher Guzikowski, the executive editor; Olivia Basegio, the editorial assistant; Christopher J. Zahn, the senior development editor and Lori Lyons, the senior project editor.
Known for many years as an agile coach specializing in software architecture, Mario Cardinal is the co-founder of Slingboards Lab, a young start-up that brings sticky notes to smartphones, tablets, and the web for empowering teams to better collaborate. A visionary and an entrepreneur, he likes to seize the opportunities that emerge from the unexpected. His friends like to describe him as someone who can extract the essence of a complicated situation, sort out the core ideas from the incidental distractions, and provide a summary that is easy to understand. For the ninth consecutive year, he has received the Most Valuable Professional (MVP) award from Microsoft. MVP status is awarded to credible technology experts who are among the best community members willing to share their experience to help others realize their potential.
Chapter 5

Refining User Stories by Grooming the Product Backlog

You learned in the previous chapter that iterative discovery of desires involves expressing user stories with the help of a product backlog. The purpose of this chapter is to learn how to groom the product backlog so that you can plan sprints that will increase the quality of feedback loops.

In this chapter, you will learn the importance of the product owner for the product backlog. This chapter discusses how the team refines user stories by grooming the product backlog. Grooming is the act of ranking, illustrating, sizing, and splitting user stories. You will see how to use collaboration boards to make explicit the grooming process, with a minimum of formality. Finally, it concludes by explaining how to organize effective sprints with story mapping.
Managing the Product Backlog

Nowadays, it is unlikely that new software must address the needs of a single stakeholder. On average, there are easily between 10 and 20 stakeholders. This requires the involvement of several people. If the product backlog is an ordered list, and the stakeholders are responsible for setting the priority, how do you ensure the list actually gets sorted and that every item does not end up being poorly defined? Assigning the product backlog ownership to a group of people is not a viable solution. Scrum recognizes this issue by defining a specific role for this responsibility, the product owner.

The product owner is responsible for ensuring that the product backlog is always in a healthy state. He is the primary interface between the development team and the stakeholders. The product owner is the definitive authority on all that concerns requirements. His main responsibility is to decide the ordering of what will be built and list these decisions into the product backlog.

One of the primary qualities of the product owner is to be the bearer of the vision. He understands the big picture. This knowledge gives that person the authority to prioritize the importance of the desiresments expressed by stakeholders. Faced with the unexpected, the product owner knows how to stay the course and is responsive to the stakeholders’ changes.

There is a lot of responsibility (both explicit and implicit) involved in managing the product backlog. Work will not get done without someone actively collaborating with stakeholders to understand customer/market needs and then communicating with the development team to ensure those needs are met. Being the product owner does not mean that he decides alone. The development team actively takes a hand in backlog management.
Within an agile framework, creating a new user story is an activity open to all. It can be done either by a stakeholder or by a team member. It is strongly recommended that stakeholders write the stories without requiring business analysts to act as a proxy between them and the team. There are cases in which the product owner creates a story in response to a request from stakeholders, but this scenario is not mandatory.

Because of her experience and know-how, there are similarities between the analyst and product owner roles. However, they are two different roles in the Scrum team. There is a major difference between a true analyst and a product owner. Product owners represent the business and have the authority to make decisions that affect their product. Typically, an analyst does not have this decision-making authority.

To have a true business analyst step into the role of product owner is possible but not always the best option. For example, here is a scenario in which a business analyst is probably not the best choice for owning and maintaining the product backlog. Say you are an independent software vendor selling software to thousands of users. In this case, someone must focus on both the customer and market, adapting the iteration plan and evolving the product roadmap. An analyst is not trained for that job.

You must realize that the evolving role of the analyst does not necessarily consist of being a product owner. Someone else with stronger marketing skills than the business analyst could also inherit this responsibility. In the next chapter, you will learn that, by default, the role of the analyst is now more tactical. He handles a myriad of details and still does analysis, but now mostly focuses inward on the delivery team.
This new, strategic role is more than just backlog prioritization. It is about facilitating software development over successive sprints and ensuring appropriate customer/market needs are inserted into that process.

Though this role is typically assigned to someone with technical background, someone from marketing or product management is probably just as qualified. If any of these people cannot fulfill the role, someone with a solid understanding of end users, the marketplace, the competition, or future trends can become the product owner. This is not a solitary role—the product owner is most likely part of a larger team—perhaps in product management (if an independent software vendor) or in a client-facing team (if in consulting).

**Collaborating to Groom the Product Backlog**

When dealing with emerging needs, it is impossible to keep the entire backlog in a ready state; only the top elements need to be. A healthy backlog provides a set of high-value, ready desirements, about equal in size, that are small enough so that the team can deliver them in the upcoming sprints. To obtain desirements that are ready to iterate, you need to periodically groom the backlog.

Even with all the improvements wrought by the Scrum framework, grooming the backlog remains, and likely will remain, a fundamentally human endeavor, fueled by the insights, ideas, passions, and perceptions of people looking for the best. Rather than letting stakeholders work of their own free will, the product owner must lead everyone by using a sequence of activities that promotes deliberate discovery. Grooming the backlog boils down to a sequence of four activities: ranking, illustrating, sizing, and splitting user stories, as shown in Figure 5.1.
These activities are never performed solo by the product owner. To accomplish these activities, the product owner must collaborate: first with stakeholders and then with the development team. Backlog grooming is a team effort.

**Ranking User Stories with a Dot Voting Method**

Although, according to the development team, the product owner is perceived as the one who decides the ordering of the backlog, it is actually not his decision. He must rely on stakeholders who are the ones who decide the importance of each story.

For the product owner, ranking user stories is actually a contact sport with stakeholders. It requires that he brings all his senses to the task and applies the best of his thinking, his feelings, and his communication skills to the challenge of facilitating decision making. The product owner is a facilitator, not a decider. Because he understands the process of grooming the backlog, he can guide stakeholders.
As mentioned in Chapter 3, “Discovering Through Short Feedback Loops and Stakeholders’ Desirements,” you can picture the communication between builders and stakeholders as a large room swathed in darkness. The product owner is in the room having conversations with stakeholders and what he hears is a cacophony of dissident voices. Because there is no light, little knowledge is derived from the situation. Now, imagine that the voice of each stakeholder emits a color when speaking.

The product owner steers the conversation by asking stakeholders what is the most important desirement. Soon, he will be surrounded with multicolored fireflies representing stakeholders’ desirements. By forcing the writing of the desirements as a user story, this can simplify the answers and increase the likelihood that the same desirement can repeated by several stakeholders. When user stories begin to accumulate, all the different colors merge, creating sparkling white lights. Order springs from the cacophony. These white lights are the important stories, those that the product owner must rank at the top of the backlog.

So far, the ranking process as described may seem abstract. Forget the abstract to be more practical. Usually, when discussing ranking, authors prefer to present the most common techniques, such as binary search tree, Kano analysis, MoSCoW (Must-Should-Could-Would), or other numerical assignment techniques. Now do the same by using one of the preferred methods: the dot voting technique (also known as spending your dollar technique). This established facilitation method is widely used by workshop facilitators for prioritizing ideas among a large number of people, and for deciding which are the most important to take forward.

The method is summarized as follows:

1. Post the user stories on the wall using yellow stickies or in some manner that enables each item to receive votes.
2. Give four to five dots to each stakeholder.
3. Ask the stakeholders to place their votes. Stakeholders should apply dots (using pens, markers, or, most commonly, stickers) under or beside written stories to show which ones they prefer.

4. Order the product backlog from the most number of dots to the least.

When you are done with this first pass, it is almost certain that the stakeholders will not be completely happy with the outcome of the vote. If that is the case, you should review the voting and optimize it. Here’s what you can do:

1. Arrange the votes into three groups to represent high, medium, and low priorities.
2. Discuss stories in each group.
3. Move items around to create a high-priority list.
4. Make a new vote with items in the high-priority list.

The goal during this review is to start a discussion about each group. Discuss which user stories are a low or medium priority, and which must be delivered in the near future. Why are they low priority? After discussion, stakeholders may agree to move them into the high-priority list. Also, discuss the stories that are almost high priority and decide if you should move them in the high-priority list. When you are done with the discussion, repeat voting, this time using only the items that belong to the high-priority list. Finish this second vote by ordering the product backlog from the most number of dots to the least.

Identifying the user stories that are top priorities is the first step of a two-step process. The second step is to ensure that the stories are small enough so that the team can build them in a sprint. To achieve this goal, the product owner must shift focus and start discussions with the development team. Unlike stakeholders, the team members are the ones who can measure the size of user stories.
Sizing requires a rough understanding by the development team of the user experience. The user experience enables stakeholders to discuss the success criteria. These criteria say in the words of the stakeholders how they expect the software to behave.

During this second step, seek to quickly define success criteria, so the team estimates the size of stories as soon as possible and with minimum effort. A storyboard is the perfect medium for achieving this goal. If user stories help monitor conversations with stakeholders, storyboards help to illustrate expectations rapidly and cheaply. They are concrete examples that provide the explicit information required by the development team.

**Illustrating User Stories with Storyboards**

As experience teaches, stakeholders love to envision the software from the user interface standpoint. As a result, often they specify how the software should work, rather than just what it is supposed to do. This is why illustrating user stories with a storyboard is so efficient.

Storyboards, as we know them today, were developed at the Walt Disney Studios in the 1930s. The first storyboards evolved from comic book-like story sketches. They were used to “preview” an animation before a single animated cartoon was produced.

Figure 5.2 shows an example of a storyboard for an animated film. Not only does a storyboard make possible a dress rehearsal of the final product, but also by posting it on the wall, it elicits early feedback and encourages quick, painless editing, leading to significant savings in time and resources.
For the general public, a storyboard means drawing pre-production pictures for video production, animation, and film making. Unfortunately, too few know that storyboarding also applies to software development. It helps to illustrate the important steps of the user experience.

It is tough to capture the big picture without visually depicting the user story. Explaining requirements from the perspective of the user interface helps to turn unspoken assumptions into explicit information. In addition, explicit information helps stakeholders think and communicate effectively. To keep up a healthy conversation between stakeholders, the product owner, and the development team, each user story should be enhanced with a storyboard. During specifications, the screens required to illustrate the user story are roughly sketched, either on paper or through the use of computer-based software.

Do not expect the storyboard to be a visual prototype that looks like the final user interface. It is an artistic rendition in which many details are missing. A storyboard is a low-fidelity visual aid that communicates the visible behaviors of a user story.
The process of visual thinking enables stakeholders and the product owner to brainstorm together, placing their ideas on storyboards and then arranging them in a structured way. This fosters more ideas and generates consensus within the group. The reason for the usefulness of a storyboard is that it helps stakeholders, as well as the development team, understand exactly how the user story will work. It is also more cost-effective to make changes to a storyboard than to an implemented user story.

The simplest technique for creating storyboards is paper prototyping [1]. It involves creating rough, even hand-sketched, drawings of the user interface to use as throwaway prototypes. All interactions within the prototype are simulated. Although paper prototyping is sketchy and incomplete, this simple method of communication with stakeholders can provide a great deal of useful feedback that can result in the design of better user stories. Figure 5.3 demonstrates how you can easily sketch ideas, test them almost instantaneously with stakeholders, and get rapid feedback on what does and does not work.

![An example of a paper prototype.](image-url)
After collecting and visualizing ideas on how the user interface might look, when there is a consensus on the user experience, it is desirable to keep an electronic copy of the storyboard for future reference. The simplest technique is to transform the paper prototype into a low-fidelity computer-based storyboard. The storyboard can then be used as a visual illustration of the user story, which will be shared with the development team. It is important, however, to make sure that you do not use a software tool that attempts to make the user interface similar to the final product. These high-fidelity tools encourage precision, and specifying all the details is time-consuming and deemed inappropriate at this time.

Figure 5.4 shows a low-fidelity computerized storyboard for the following user story, “As a student, I want to select a transit fare so that I can buy it.”

![Figure 5.4](image-url)  
*A computerized low-fidelity storyboard.*
Designing the storyboards is always the responsibility of the product owner. He may nonetheless be assisted by the team members while performing his duties. For example, business analysts can help to complete the computerized storyboards. However, this activity is essential for obtaining a healthy backlog, and the product owner must be fully involved.

Sizing User Stories Using Comparison

The biggest and most common problem product owners encounter is stories that are too big. If a story is too big and overly complex while being a top priority, the sprint is at risk of not being properly completed. To avoid this issue, product owners must identify, as early as possible, if a user story is the right size and therefore ready to be built during a sprint.

It is not the responsibility of the product owner to estimate the work that needs to be done to complete each story. Only the development team can identify the size of a story. After the development team makes those estimates, the product owner can then determine if the story is too big. If that is the case, with the help of the team, she will split it into smaller stories.

To estimate the size of the top stories in the backlog, the product owner must organize recurring backlog grooming meetings. All the members of the development team must attend these meetings. To answer any questions addressed during these meetings, subject matter experts (stakeholders) should also participate. Before the meeting occurs, the product owner prioritizes the story list, thereby ensuring the most important stories will be estimated. The meeting is then time-boxed, at usually one hour, and each story is considered. Don’t worry if you don’t have time to discuss all the stories in the backlog. They will be addressed in future meetings.

Sizing a story requires that the development team estimates the work to be done to complete it. This should be simple, but unfortunately human beings are not good at estimating. Actually, we are not good at all.
Cognitive scientists tell us that our brain is wired to imagine the possible. We are reluctant to identify limitations, especially if they are not obvious. It seems that we are too optimistic, and indeed, we would not have survived the evolution of our species without this trait. With this bias built into our genetic background, it is almost impossible for us to accurately estimate, at least in a short time. It is obvious that with a lot of resources and enough time, humans just get there. However, this is not our case as we seek to estimate a user story in less than 5 minutes.

Does this mean that the development team should not estimate? Yes, at least according to what the word “estimate” means today. I propose that you estimate differently. Stop measuring absolute values and start comparing relative values. When estimating, you should not measure effort but instead compare efforts using a reference point.

Humans are poor at estimating absolute sizes. However, we are great at assessing relative sizes. For example, imagine that a team must estimate the weight of a young child and an adult. It will be difficult to agree on the exact weight of each. However, it will be extremely easy to decide which one is heavier.

When you measure stories, you need to be concerned with only relative sizes. You can easily do this by using the Fibonacci sequence or series, which is “A sequence of numbers, such as 1, 1, 2, 3, 5, 8, 13..., in which each successive number is equal to the sum of the two preceding numbers”. What is of interest, in this sequence, is the ratio between any number and its counterpart. This series gives you a relative size you can work with to compare effectively.

Our cultural tendency is to estimate based on how many hours it will take to complete a story. Unfortunately, estimating using duration reduces the team to measuring absolute values, which is what we want to avoid. Because of our incapacity to anticipate the unknown and to predict risk, we should steer clear of estimating based on time. There are three reasons for this:
• The time necessary for teams to build one unit of work fluctuates from sprint to sprint. In a complex situation, there is no other choice than to work collaboratively. When a member of the team is absent, due to vacation periods or members leaving the team, the team’s capacity to deliver changes. As a result, if you measure effort based on the number of hours, you must perpetually revisit the estimates in the backlog.

• Estimating based on time requires you to take into account the slack time. This adds accidental complexity, which results in a more imprecise measure. Factoring slack time appropriately is difficult. You must take into consideration the fact that people have to check their emails, participate in other meetings, eat lunch, take breaks throughout the day, and so on.

• Each team will gauge risks differently. Some will plan for a large cushion of time to mitigate risk, whereas others will approach the challenge without compensation.

The best way to evaluate effort is to use a degree of difficulty summarizing numerically the effort, complexity, and risk. For every degree of difficulty, you will assign points. Story points are independent of variations engendered by units of time. Furthermore, they are the perfect unit for comparing relative values.

The challenge of using a points system is calibrating what the number of points means. Some team members may think a story is worth one point, whereas others may think it is worth 10 points. So, how do you solve such a problem? One of the ways of calibrating stories, and getting a joint agreement by all team members, is to look at previous examples of stories as a referential. The team ranks the stories from most difficult to least difficult. The most difficult will have more story points than the least difficult. The goal is to end up with representative stories of 1, 2, 3, 5, 8, 13, and 20 points. After those representative stories have been identified, the team can then decide how many points the new stories
should be awarded. Calibrating by story points enables a team to easily reach a consensus.

During backlog grooming meetings, you want insights from all team members. As a result, you should favor a consensus-based estimation technique. A well-known and effective technique is the planning poker technique. It was first introduced by James Grenning and later popularized by Mike Cohn in his book, *Agile Estimating and Planning* [3].

Approach this technique as though you were playing a game of poker. Each bet should target one story. Before each bet, the product owner presents a short overview of the story and demonstrates the storyboard to define the success criteria needed to finish it. While answering questions posed by team members, the product owner enhances these criteria, which could double or even triple the work needed for each story. When the question period is over, the Scrum master then chairs the meeting and gives each team member a deck of Fibonacci cards, as shown in Figure 5.5.

![Figure 5.5 Deck of Fibonacci cards.](image-url)
The idea is to have all participants use one of the Fibonacci cards to give a rough estimate of how many points she thinks a story is worth. When betting, everyone turns over their card simultaneously so as not to influence others. Those who have placed high estimates, as well as those who have low estimates, are given the opportunity to justify their reasoning. After the members have explained their choices, the team bets again until a consensus is reached. This estimation period is usually time-boxed at five minutes by the Scrum master to ensure structure and efficiency. If consensus is not reached within the set time, the product owner moves to the next story where the betting process begins again. The goal is to address and reach an agreement on as many stories as possible within one meeting.

When the meeting is over, the product owner takes into consideration the number of points assigned to each story. Some stories may be worth 20 points, whereas others are worth 5 points. The product owner must determine which stories are too large and therefore need to be divided into smaller stories. Splitting large stories allows the development team to approach each smaller story in a more productive manner.

Splitting User Stories Along Business Values

Most user stories are too large; at least, this is the trend we noted with teams transitioning to agile software development. We guess this is because it is difficult to understand the gist of what a user story is. We must go back to basics and remember that it was initiated by Extreme Programming (XP). In Planning Extreme Programming [4] by Kent Beck and Martin Fowler, a user story is defined in the following way:

“We demonstrate progress by delivering tested, integrated code that implements a story. A story should be understandable to customers and developers, testable, valuable to the customer and small enough so that the programmers can build half a dozen in an iteration.”
A story is a short description of a unit of software that works, delivers value, and generates feedback from stakeholders.

A rule of thumb used to determine whether a story is small enough is to take the average velocity of the team per iteration and divide it by two. The velocity is the number of story points completed during a sprint. The product owner should not plan stories that are bigger than one-half the velocity.

A common mistake made when splitting stories is to slice and dice along technical issues, such as along the development process line (design, code, test, and deploy) or along the architectural line (user interface, business logic, and database). In addition to being difficult to deliver and deploy, technical decomposition creates stories that generate little feedback because they are incomprehensible by stakeholders. These stories negatively affect the iterative discovery of the stakeholders’ desires. This is not the path to follow.

You should focus on the perspective of stakeholders by thin slicing stories that favor the business value. Thin slicing is based on evolutionary architecture; it provides stories that implement only a small bit of functionality, but all the way through the architecture layers of the software. Thin slicing always splits stories along self-contained increments of value and along self-contained bundles of work that include “design, code, tests, and deploy.” There are two usual patterns for thin slicing stories in a self-contained unit:

- **Division**: The division pattern provides smaller stories, often of equal size.

  When there are clear boundaries about operational workflow or data manipulation, our first choice is to divide along these lines. For example, if it makes sense, you should split along the workflow steps involved or split according to each variation in business rules. If this is not a successful track, try to split by the type of data the story manipulates or along create-read-update-delete (CRUD) boundaries.
• **Simplification**: The simplification pattern aims to remove what is not necessary.

• When division is not an option, you should reduce the scope of a large story by keeping only the bare minimum. This is not a popular choice with stakeholders. As always, everything seems essential, and this requires more demanding conversations. Consider applying the XP principle: Do the Simplest Thing That Could Possibly Work. Remove from the large story everything that is not indispensable. Create one or more stories to safeguard what is not essential. These non-essential stories will be placed at the bottom of the backlog, whereas the remainder and thinner story will continue its journey to the top of the backlog.

---

**Tracking User Stories with a Collaboration Board**

Backlog grooming is a team effort. Everyone, including stakeholders, must collaborate to evolve user stories from the bottom to the top of the backlog. As shown in Figure 5.6, it is a dynamic and active workflow where stories are constantly enhanced.

![Diagram](image)

*Figure 5.6 The backlog grooming workflow.*

The team must master each step of the workflow; otherwise, the story will not progress as expected. Team members must synchronize their efforts on a daily basis. Unfortunately, the backlog is of little use to guide this work. At best, you can add a status field to follow the process, but it
does not encourage collaboration. Instead, it is more efficient to use visual aids inspired by collaboration boards such as those offered through the Slingboards [5] platform.

A collaboration board communicates information by using sticky notes instead of texts or other written instructions. As shown in Figure 5.7, a collaboration board is a two-dimensional grid on which you move yellow stickies from column to column to guide the actions of team members.

![Collaboration Board Diagram](image)

*Figure 5.7* A collaboration board is a two-dimensional grid.

Each column represents a state of the process, and each sticky note is a visual signal for guiding the collaboration. The aim is to move each sticky note from state to state to accomplish a workflow. The rows are used to group and organize the yellow stickies in a logical manner. If you expect to have only a few stickies, you can have a single row without any grouping.
A well-known example of a collaboration board heavily used by agile teams is a task board. A *task board* is a visual aid that guides the work of a team during a sprint. As shown in Figure 5.8, a task board is a constantly evolving summary of the team’s forecasts for the current sprint. It enables you to see at a glance what is done, what remains to be done, and who is working on what.

![Figure 5.8](image)

**Figure 5.8** A *task board* is a well-known example of a collaboration board.

When a sticky note is moved from column to column, it serves as a signal for guiding the collaboration. More and more teams consider a task board as essential to ensuring a rich collaboration during the sprint. I believe the same is true during backlog grooming except that we must use a different collaboration board. Now see how you could create a grooming board to get the same benefits.
The most important items in a collaboration board are the columns because they make it possible to visualize the process. Several options are available to define the columns. As shown in Figure 5.9, a simple option would be to have a column for each step. A major disadvantage of this option is that you can hardly know when a step is completed. There is no visual signal to initiate collaboration between teammates.

![Figure 5.9](image) A collaboration board with no signals.

A second option, as shown in Figure 5.10, is to alert collaborators by being explicit when a step is done. There are two disadvantages to this approach for grooming. First, this approach assumes that the process is linear, which is not true. Grooming requires a lot of backtracking, such as when splitting a story. Second, we are uncomfortable with a condition that states that the ranking is completed. Ranking is never completely finished and can occur at any time during the grooming.

![Figure 5.10](image) A collaboration board with “Done” signals.

A third option is to alert collaborators by signaling that a step is ready for processing. This is the option that you can adopt, as it applies well to the grooming process. Figure 5.11 shows what the collaboration board would look like with one row for the backlog.
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The contents of the sticky note, which are moved from column to column, should display relevant information to help teammates understand what is going on. Significant information improves communication and reduces interruptions. As shown in Figure 5.12, there are nine potential display areas on a collaboration sticker.

When we want to create a collaboration board to facilitate the grooming process, each sticky note is going to represent a user story. Figure 5.13 shows the final result for this type of sticker. Note that we have not used all display areas, only those that we considered necessary.
The blocked indicator is visually pinning a status tag to the sticker. This status tag enables you to visualize work that is not directly associated with the value-added steps being performed. It creates visibility and awareness and enables the right people to react quickly to that new status. A visual alternative to pinning is creating special columns in your collaboration board that fulfill the same purpose. Although this is valid, and many people do it, we prefer pinning to expose that something is going wrong, or not happening. Board real estate is expensive. If you start creating special columns for each status a sticky note can have, you might quickly fill the board with empty zones.

A collaboration board is a clear, simple, and effective way to organize and present work during grooming. It increases the efficiency and effectiveness of the work by making visible the rules of collaboration and thus facilitating the flow. Flow is the mental state of operation in which a person performing an activity is fully immersed in a feeling of energized focus, full involvement, and enjoyment in the process of the activity.

Visual collaboration keeps the group members in the flow united around common performance measures. It enhances communication and reduces friction by making explicit the information teammates care about. It helps teammates
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- Understand and indicate priorities.
- Identify the flow of work and what is being done.
- Identify when something is going wrong or not happening.
- Cut down on meetings to discuss work issues.
- Provide real-time feedback to everyone involved in the whole process.
- See whether performance criteria is met.

Collaboration boards increase accountability and positively influence the behavior and attitude of team members and stakeholders. Team members define and choose their own work instead of having work assigned to them. High-visibility and clear guidelines ensure teammates cannot hide work (or nonwork) from each other. They know that at any moment, if they want to, they can, with zero overhead and without causing any discomfort to anyone, see exactly what everybody is doing. Boards tend to expose the flow, but it is done with ground rules that people find quite reasonable. Thus, accountability is achieved in a harmonious way because it boils down to the individual responsibility of updating the board. This builds transparency among team members, which in turn builds trust.

Delivering a Coherent Set of User Stories

Unfortunately, in an iterative and empirical process, it is not because collaborative work produces high-value desirements that you necessarily get a “usable” sprint. Often, collaboration also requires prioritizing low-value desirements to obtain a coherent whole with optimal value. The use of a visual aid is essential in achieving this know-how. In this regard, over the years, experienced practitioners have acknowledged the necessity of structuring the backlog along a two-dimensional collaboration
board. This way of organizing the stories to avoid half-baked incremental iterations was initially promoted by Jeff Patton [6] and is now known as story mapping.

Story mapping is the act of using a collaboration board to help in planning sprints and ordering the backlog. As illustrated in Figure 5.14, it combines high-value and low-value user stories in a coherent set, thereby revealing sprints that are of perceptible value to the stakeholders.

**Figure 5.14 Planning sprints with story mapping.**

The yellow stickies are the user stories from the backlog. They are distributed along the process line on the horizontal axis and simultaneously along the level of necessity on the vertical axis. Finally, they are ordered in “usable” sprints by assessing the expected necessity. Visualizing the desirments according to the process lines enables you to iteratively cut ever closer to the heart of the prioritization challenge. By doing this, you can combine the low-value functionalities and hold everything together.
As is always the case with a collaboration board, it all starts by identifying the columns. Create as many columns as there are features in the process lines. A feature is a piece of high-level functionality; a business activity that delivers value and separates into several stories. Arrange features by usage sequence, with features used early on, on the left, and later on, on the right.

Continue by creating as many rows as there are upcoming sprints. In each sprint, split stories along its feature by placing them in the appropriate column and make them overlap if they are numerous.

Even if the horizontal axis organizes stories along process lines, it does not ensure small and testable stories. Small stories should typically represent a few days of work. Initially, this is not the case as almost all new user stories are too big. They are desirements that need to be disaggregated into a set of constituent stories. Splitting desirements along the level of necessity ensures the identification of simple stories that can be forecast in a sprint. By differentiating the bare minimum necessity from usefulness and delightfulness, the product owner can divide large stories into smaller ones. These smaller stories provide immediate value and can be delivered in a sprint.

Even if desirements expressed as user stories are a starting point in understanding requirements, because they help determine the scope of work during sprints, they are mainly used as a unit of planning and delivery. This is why the overall goal of story mapping is to create a suitable scope to establish a delivery plan.

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**Planning Work with User Stories**

There is a close link between executable specifications and agile project management. The purpose of this book is not to discuss agile project management. There are good books that cover this topic. [7] That being
said, we cannot ignore that desirements provide an effective unit of planning. As shown in story mapping, we plan sprints around desirements. Actually, the strong adoption of story mapping by the agile community leads me to believe that we are not alone in thinking that agile planning is closely linked to requirements discovery.

Summary

In this chapter, you saw how to groom the product backlog by ranking, illustrating, sizing, and splitting user stories. You learned the importance of having a product owner—someone who not only leads backlog grooming, but also ensures that it is done in collaboration with stakeholders and the development team. You learned how to use collaboration boards to track user stories during the grooming process. Finally, this chapter concluded by explaining how to organize a delivery plan that provides immediate value to the stakeholders through the use of story mapping.

When a story has gone through the process of grooming, you have reached an important milestone, which is the transition from conversation to confirmation. If user stories and their storyboards help monitor conversations with stakeholders, success criteria help confirm expectations. Success criteria convey additional information about the story and establish the conditions of acceptation. They enable the team to know when it is done and they say, in the words of the stakeholders, how they expect to verify the desirable outcome. In this perspective, success criteria are a specification as important, if not more important, than the story. Success criteria are a key element of executable specifications. Therefore, the next chapter is dedicated specifically to the issue of confirming user stories.
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