SECOND EDITION

THE POVER PRESENTER

Techniques, Style, and Strategy to Be Suasive



JERRY WEISSMAN Author of Presenting to Win

FREE SAMPLE CHAPTER

SHARE WITH OTHERS

У 8+ in

f

"Jerry is a coach like no other. If you need to give an important presentation, buy this book. Now. The only thing at stake is your income, your influence, and the success of your cause."

—Scott Cook Founder and Chairman of the Executive Committee, Intuit, Inc.

"Jerry Weissman's genius is getting successful leaders like me to realize we are imbeciles when it comes to effective communication that is not email. In particular, Jerry broadens one's perspective on how to use the visual well, how to focus on the audience's perspective, and on how to keep the narrative strong and compelling. I benefited from Jerry's work way back in 1995 for my first IPO, and then went back again in 2002 for my second IPO—in both cases his teaching added tremendous clarity to our investor presentations. Not only should IPObound CEOs read this book, but everyone who does presentations should absorb its messages."

-Reed Hastings Founder, Chairman, and CEO, Netflix, Inc.

"This book will help you bring out your natural charisma. It's like a bottle of turbo-charged personality. Take a swig, and you'll kick butt."

—Guy Kawasaki Co-founder, Alltop.com; Author of *Reality Check* and *Wise Guy*; *Remarkable People* Podcast

"I watched with my own eyes as Jerry Weissman created billions in stock market value by teaching CEOs his speaking styles and strategies. Now it's all in a 250 page book—how cool is that."

—Andy Kessler "Inside View" columnist, *The Wall Street Journal* "As an executive communication coach, Jerry Weissman has taught me and many others that great communication skills are not hereditary, but can be learned. Jerry's series of books makes his profound ideas accessible to every reader. This book, *The Power Presenter*, is an excellent exposition into what makes a great communicator, and how to become one, starting from the inside. Using the very persuasion techniques it teaches, this book applies plain language, fun examples, and convincing demonstrations to lead the reader to absorb and internalize the concepts, and gain the skills and confidence to truly become a power presenter."

—Kai-Fu Lee Former Vice President, Google Inc.; Former President, Google Greater China; Chairman and CEO, Sinovation Ventures; Author of *AI Super-Powers*

"The Power Presenter captures the essence of Jerry's in-person training, including his approach, real-world examples, and story-telling strategies. It's a must read for anyone who needs to close a deal, market a product, or drive consensus."

—Mike Nash VP of Customer Experience and Portfolio Strategy and Chief Technologist, Personal Systems, HP Inc.

"Jerry's insightful coaching helped us to launch a major new chip design successfully. His new book, *The Power Presenter*, makes the invaluable techniques he showed us at Intel available to everyone."

—David Perlmutter Former Executive Vice President and Former Chief Product Officer, Intel Corporation; Social and Technology entrepreneur; Chairman, Weebit Nano; Chairman, Teramount

"Jerry has the uncanny ability to take the art of communicating and make it feel like science. *The Power Presenter* is a prescriptive roadmap to communications confidence and excellence."

—Ron Ricci Former Vice President, Corporate Positioning, Cisco Systems; Founder and CEO, The Transparency Imperative

This page intentionally left blank

Techniques, Style, and Strategy To Be Suasive Second Edition

Jerry Weissman



Editor-in-Chief: Mark L. Taub Acquisitions Editor: Kim Spenceley Managing Editor: Sandra Schroeder Senior Project Editor: Lori Lyons Composition Manager: Aswini Kumar/codeMantra Copy Editor: Kitty Wilson Indexer: Erika Millen Proofreader: Donna E. Mulder Cover Designer: Chuti Prasertsith Compositor: codeMantra

Copyright 2021 by Suasive, Inc. All rights reserved.

Audience Advocacy[®], Complete the Arc[®], Eye*Connect*[®], Phrase & Pause, Point B, Reach*Out*[®], Speak *Only* to Eyes[®], Title*Plus*[®], and WIIFY[®] are registered service marks or service marks of SUASIVE, Inc. © 1988–2020 SUASIVE, Inc.

Published by Pearson Education, Inc.

All rights reserved. This publication is protected by copyright, and permission must be obtained from the publisher prior to any prohibited reproduction, storage in a retrieval system, or transmission in any form or by any means, electronic, mechanical, photocopying, recording, or likewise.

The author and publisher have taken care in the preparation of this book, but make no expressed or implied warranty of any kind and assume no responsibility for errors or omissions. No liability is assumed for incidental or consequential damages in connection with or arising out of the use of the information or programs contained herein.

Many of the designations used by manufacturers and sellers to distinguish their products are claimed as trademarks. Where those designations appear in this book, and the publisher was aware of a trademark claim, the designations have been printed with initial capital letters or in all capitals.

For information about buying this title in bulk quantities, or for special sales opportunities (which may include electronic versions; custom cover designs; and content particular to your business, training goals, marketing focus, or branding interests), please contact our corporate sales department at corpsales@pearsoned.com or (800) 382-3419.

For government sales inquiries, please contact governmentsales@pearsoned.com.

For questions about sales outside the U.S., please contact intlcs@pearson.com.

Visit us on the web: informit.com/business

Library of Congress Control Number: 2020945018

ISBN-13: 978-0-13-693374-8 ISBN-10: 0-13-693374-2

ScoutAutomatedPrintCode

For Benji Rosen A launch from Houston to the moon —and the stars This page intentionally left blank

Case Studies

In order of appearance:

Warren Buffet Malcolm Gladwell Federico Fellini Ronald Reagan Howard Rosenberg Oliver Sacks, MD David McNeill Nikita Khrushchev Kennedy vs. Nixon James Fallows Marcel Marceau IPO Roadshow Study Shocking British Couples Italian Lab Monkeys **Bobert Krulwich** Vince Lombardi Steve Jobs Ken Kocienda The Boy/The Cookie Jar The Telemarketer John Stumpf Jeffrey Sonnenfeld Marc Trestman **Rick Scott** Will Stephen Megan Rapinoe Cullen Dudas

Senator Marco Bubio Mark Twain Robert De Niro Jeff Raikes Evan Osnos Michael Bay Marianna Pascal Jeff Lawson Julian Chokkattu Marcus Tullius Cicero Will Poole The Actors Studio Dr. Bob Rotella W. Timothy Gallwey John Chambers Mike Tuchen Carly Simon Marya McCabe Lawrence Steinman The Squinting Woman Joe Moglia Elon Musk Theodore H. White Don Hewitt Marshall Klaus, M.D. John Kennell, M.D. Queen Mary University

John Suler Anthony Fauci, M.D. Steph Curry Mark Zuckerberg Edward Tronick, M.D. Leah Maher Sir Isaac Newton Juvenal Mahmoud Ahmadinejad Benjamin Netanyahu William Shakespeare Marc Benioff William F. Buckley, Jr. John F. Kennedy Amy Chang Tyler Stanton Tripp Crosby Frank Sinatra Ludwig van Beethoven Leonard Bernstein Stephen Sondheim Dr. Krzysztof Izdebski Garrison Frost Stephen Fry George W. Bush Jill Abramson Mark Carney

Mary Barra Indra Nooyi Wolfgang Mozart Ella Fitzgerald Dizzy Gillespie The Frenchman Christine Lagarde Vitalik Buterin Joey Zwillinger Jack Rakove General Israel Putnam Michael J. Byron Teodor Panayotov Atul Gawande, M.D. Don McMillan Robert Benchley Leslie Culbertson Olivier Fontana Bill Jasper Ken Hirsch Frank Quattrone Andrew Cuomo Annika Goldman Presenter Coach Abraham Lincoln Sir Winston Churchill Rev. Martin Luther King, Jr. Reverend Billy Graham Vlad Shmunis Cindy Burgdorf

Contents

Foreword to the Second Edition	xvii
Preface: Show Me the Money	xxi
Introduction: The Deer in the Headlights	xxvii
Fight-or-Flight	xxvii
Adrenaline Rush Remedies	xxviii
The Mental Method	xxix
Book Conventions	XXX
Chapter One: Actions Speak Louder Than Words	1
Audience Advocacy [®]	1
The Power of the Visual	3
Chapter Two: Creating Empathy with Your Audience	11
Empathy	11
The Science of Empathy	12
The Effectiveness Matrix	15
Chapter Three: The Butterflies in Your Stomach	
Fight-or-Flight: Internal Dynamics	23
Fight-or-Flight: External Dynamics	
Presenter Behavior/Audience Perception	
The Yikes! Moment	30
Chapter Four: The Quest for Content	31
Slides	32
Script	
Teleprompter (Also Known as Autocue)	34
Comfort Monitors	35

Advanced Technology	
Five Simple Steps to Develop Your Story	37
Chapter Five: The Mental Method	45
Concentration	45
The Mind–Body Connection	
The Mental Method	
Delivering Your Message	59
Chapter Six: The Learning Process	61
Change	61
The Four Stages of Learning	
Comfort Zone Paradox	63
Repetition over Time	65
The Yikes! Moment	
The Suasive Master Skills Cycle	69
Chapter Seven: Speak with Your Body Language	71
Chapter Seven: Speak with Your Body Language The Historic Kennedy–Nixon Debate	
	71
The Historic Kennedy–Nixon Debate	71 76
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics	71 76 77
The Historic Kennedy–Nixon Debate External Factors/Audience Perception	71 76 77 92
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics	
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase	
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase Cadence	
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase Cadence Complete the Arc [®]	
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase Cadence	71 76 77 92 96 99 99 99 99
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase Cadence Complete the Arc [®] Rising/Falling Inflection Complete the Arc in Action	
The Historic Kennedy–Nixon Debate External Factors/Audience Perception Visual Dynamics Vocal Dynamics Putting It All Together Chapter Eight: Control Your Cadence: The Phrase Cadence Complete the Arc [®] Rising/Falling Inflection	

CONTENTS

Speak Only to Eyes [®]	. 120
Phrase & Pause SM	. 122
Cadence Summary	. 124
Chapter Ten: Tools of the Trade	.127
Position	. 127
The Presentation Checklist	. 130
Putting It All Together	. 133
Chapter Eleven: SlideSynchronization	135
Design/Delivery Balance	. 135
The Suasive Meta Design Concepts	. 138
Seven Steps of SlideSync Delivery	. 141
SlideSync Delivery in Action	. 148
Chapter Twelve: Slide Sync Narrative	.149
Describe	. 149
Narrative Continuity	. 154
Three Simple Steps of Continuity	. 155
Putting It All Together	. 156
Chapter Thirteen: Masters of the Game	.157
The Great Communicator	. 157
Sir Winston Churchill	. 160
President John F. Kennedy	. 161
Reverend Martin Luther King, Jr	. 162
Reverend Billy Graham	. 163
The Great Communicator Redux	. 165
The Great Orators: Conversation and Empathy	. 167
Coda: Ending with the Beginning	160

Indnotes	73
Appendix A Video Links18	87
Acknowledgments	93
About the Author	95
ndex19	97

Figure Credits

Figure	Attribution
Cover	VikaSuh/Shutterstock
Figure P.1	Split screen version of NetRoadshow. $@$ 2020 NetRoadshow, Inc.
Figure 1.1	Washington DC.USA, 22nd February, 1984 President Ronald Reagan News Conference. Mark Reinstein/Shutterstock
Figure 1.2	Khrushchev Addresses UN General Assembly. Bettmann/ Getty Images
Figure 1.3	French mime Marcel Marceau. Keystone Press/Alamy Stock Photo
Figure 3.1	Paul Émile Chabas, The Metropolitan Museum of Art, 1912
Figures 4.1–4.4	Courtesy of Suasive, Inc.
Figure 7.1	Kennedy-Nixon debates, 09-26-1960. Everett Collection Historical/Alamy Stock Photo
Figure 7.2	Frank Sinatra Recording Session. M. Garrett/Contributor/ Getty
Figure 9.1	Gallery View of Virtual Meeting. Image by Alexandra Koch from Pixabay
Figure 13.1	Ronald Reagan State of the Union speech. Dirck Halstead/ The LIFE Images Collection via Getty Images/Getty Images
Figure 13.2	Winston Churchill in Washington, USA. Byron Rollins/AP/ Shutterstock
Figure 13.3	Kennedy Inauguration, Washington, USA. Uncredited/AP/ Shutterstock
Figure 13.4	Martin Luther King, Jr. Delivering His Famous Speech. Bettmann/Contributor/Getty
Figure 13.5	Billy Graham preaching at Miami Beach Convention Hall. Alpha Historica/Alamy Stock Photo

Register Your Book

Foreword to the Second Edition

All the World's a Stage

Case Studies: Chapman University • CBS Television

All the world's a stage, And all the men and women merely players.¹

> As You Like It 1.7.138–139 William Shakespeare

Public speaking—a catchall term that, once upon a time, defined a narrow domain ranging from banquet speeches to eulogies, practiced on rare occasions by an exclusive few—has, in the twenty-first century and particularly in the decade since the first edition of this book, exploded. Now, propelled by web, mobile, and video technologies, all the men and women in public, private, corporate, as well as social life are finding themselves as players in front of live audiences, video cameras, and even mobile phones, having to deliver a presentation.

Despite the proliferation of many new avenues of communication videoconferencing, industry keynotes, fireside talks, briefing center pitches, virtual meetings, podcasts—the fundamentals of every single one of these events remains unchanged: what the speaker says and how he or she says it, the narrative and the delivery, the message and the messenger. Getting the message crystal clear and delivering it with authoritative assurance has, in this age of highspeed information overload, become more challenging than ever.

That challenge is further heightened by the universal fear of public speaking. A Google search for the "fear of public speaking" produced over 400 million results at the time of writing. Many of those results cite studies that rank public speaking as more fearful than heights, flying, insects, and death. However, after almost two decades of increasing global concerns ranging from climate change to terrorism, public speaking fell to 52nd place in a 2017 Chapman University survey of American Fears. The dubious distinction of first place in the survey is now occupied by "Corrupt Government Officials."²

Among those more than 400 million search results is a cottage industry of resources to help people deal with that *still*-pervasive fear of public speaking. In the high-stakes world of business, one of the most popular offerings is "media training," a term that spans a large grab bag of instructions: how to control one's nerves, what to do with one's hands, how to slow down, how to speed up, how to eliminate "UMs," and even what to wear.

The word "training" denotes a demanding discipline, as in training for an athletic event or a performance. But businesspeople are not performers, and treating them as if they were only serves to heighten their stress. Nonetheless, media training has become the standard approach for presentation skills development.

When I entered the field over 30 years ago, having come from CBS Television in New York City, where I had been a staff producer-director of public affairs programs, my media credibility was mint. Still, I had to instruct using what, by then, had become an entrenched playbook. I spent my early days as a freelance presentation trainer inflicting the rigors of a close-order drill on businesspeople just like you, treating my clients as performers—a counterproductive process for both the instructed and the instructor. I spent many tortuous, torturous, and torturing hours telling people what to do and what not to do with their voices and body language. I badgered them to speak faster or slower, louder or softer, to make their gestures wider or narrower, bigger or smaller.

At the end of the day, I was able to change their behavior infinitesimally, only to see them go out into the real world and rapidly regress to a point further back from where I had started with them at the beginning of the day.

What's wrong with this picture? A presentation coach is supposed to be of service, not disservice.

The word "coaching," derived from the word for a transportation vehicle, denotes movement. To help people progress naturally requires coaching that provides them with a set of simple, non-invasive tools and techniques to learn new skills.

To implement this approach, I looked back to my days at CBS. A key part of my job was to invite men and women from the government, academic, health, scientific, and culture sectors—none of them performers—into our studios. To help make them feel comfortable and look comfortable in the stressful circumstances of appearing on camera, we deployed the basic format of public affairs television: the talk show. We structured our programs as conversations, personto-person interviews, or small group discussions conducted by professional moderators or anchors. By placing our guests in familiar settings and giving them the opportunity to interact with others—rather than putting them on the spot to perform—we were able to reduce their stress levels.

Another part of my job was to screen hours and hours of new and archival film and video, read stacks and stacks of reports, and conduct hours and hours of interviews and then condense all that data into a crisp 28-minutes-and-40seconds program. In doing so, my colleagues and I employed an array of proven, professional techniques to distill, focus, and, best of all, streamline our guests' stories.

In retrospect, looking at those two job functions—making our guests feel comfortable and helping them to develop their stories—made me realize that I could readily adapt the techniques we used at CBS for business presentations. It worked! By clarifying the content and creating a conversational comfort zone, businesspeople experienced the same ease in presentations as our guests did in the CBS studios.

I started my own coaching company, Power Presentations, Ltd., in 1988 and, to sharpen the mission to create persuasive presentations that produce results, renamed it Suasive, Inc. in 2018. Now that this powerful methodology has proven successful for over three decades, let me introduce it to you so that you can learn how to feel natural and appear confident whenever you stand in front of any audience.

Jerry Weissman

This page intentionally left blank

Show Me the Money

Case Studies: Cisco IPO Roadshow • Twilio IPO Roadshow • NetRoadshow

Cisco originally expected to get \$13.50 to \$15.50 per share for its stock. "But during the road show the company was so well-received" that it managed to sell 2.8 million shares at \$18 apiece, Valentine [Cisco's then-Chairman of the Board] said. He attributed "at least \$2 to \$3" of the increase to Weissman's coaching.¹

> Kathleen Pender San Francisco Chronicle July 9, 1990

Shortly after starting my own company, one of my earliest coaching assignments was with Cisco Systems, at the time a young Silicon Valley networking technology company that had decided to sell shares of its stock in an Initial Public Offering (IPO). An important part of that process is to develop a presentation called a "roadshow" that the company's senior management team pitches to potential investors. Over two hectic weeks, the team travels to about a dozen cities across the country—and often across the oceans. At the time, Cisco—as did every other company going public—had to deliver the same pitch several times a day, or about 30 or 40 times each week. Now, with the advent of streaming video, that process is very different, as you'll see below, but in all cases then *and* now, the management team must suit up and show up at the same number of investors' offices. The IPO roadshow is the most demanding, high-stakes presentation any executive will ever deliver.

I'm proud to say that my coaching of the Cisco team resulted in the quote at the beginning of this preface. But why should you care about a 30-year-old article about Cisco's roadshow? What does the IPO of one of the most successful companies in the world mean to you and your career? And what does an endorsement of my coaching mean to you?

After all, only a few hundred companies go public in any given year, and you are more likely to win a national lottery than to launch an IPO. But you'll almost certainly have to deliver a high-stakes presentation or make an important speech^a at some point during your lifetime. And whether you are a businessperson or an ordinary citizen, your challenge is to be as "well-received" as was the Cisco IPO roadshow.

The same techniques, style, and strategy that I provided to the Cisco executive team and, subsequently, to the executive teams of more than 600 other companies preparing for their IPO roadshows (among them Intuit, eBay, Netflix, Yahoo!, Dolby Labs, RingCentral, Twilio, Trulia, Talend, MobileEye, Zuora, Sonos, and Lyft) can help you with every presentation you will ever have to deliver. Those very same techniques have also helped thousands of managers, salespeople, engineers, and finance executives at Microsoft, Intel, Adobe, Ericsson, Experian, and thousands of other companies to sell their products or services, propose partnerships, seek approval for projects, or raise financing. This book will provide you with the same techniques that I provide in my private coaching sessions.

As important as delivery style is in business presentations, it is of equal importance when soliciting funds for a not-for-profit cause or when speaking to a professional association, community organization, club, church, or synagogue. In all cases, whenever and wherever you stand and deliver, your challenge is to make your presentation a success.

John Morgridge, the CEO of Cisco at the time of the IPO, was faced with such a challenge. Having held senior management positions at Honeywell Information Systems and GRiD Systems before Cisco, John was an experienced executive who was focused more on delivering his data than on his presentation style and technique. His challenge was further compounded by the fact that Cisco's innovative networking technology was complex, which made the company's story difficult to explain to the nontechnical audiences of institutional investors.

In our work together, I coached John to craft a story that was comprehensible and meaningful to potential investors and to deliver it with poise, confidence, and enthusiasm. Through it all, I helped John to feel natural and appear comfortable. History is witness to John's success. He went on to build Cisco into

a Because the main focus of this book is presentations, I will be using that term primarily; but because the methodology is universal, you can consider presentations to also refer to speeches, pitches and, as you'll see later in the book, the rapidly expanding format of virtual presentations.

PREFACE

a formidable business enterprise; and now, having retired, he is building a formidable philanthropic enterprise.

Around the time of Cisco's IPO, another CEO experienced another challenge during his roadshow. Just as his two-week tour was about to begin, the CEO learned that there was a problem back at the home office. To deal with the problem, he often had to get on the telephone between presentations. As a result, whenever he presented during that first week, he was distracted. Not surprisingly, his presentations suffered.

Over the intervening weekend, the CEO finally cleared up the problem. No longer distracted, he presented smoothly during the entire second week. At the end of the roadshow, the investment bankers tallied the results of their efforts. The investors in the cities they had visited during the first week placed light orders, and those in the cities of the second week, high orders. The content was identical both weeks; the only difference was the CEO's body language and voice. Speaking style and delivery can impact the value of an IPO.

In 2016, Jeff Lawson, Founder, CEO, and Chairman of Twilio, Inc., a cloud communications platform-as-a-service company, faced two big challenges heading into his IPO:

Our business model is unique (we are a platform, not a SaaS application) and the markets were unfriendly (with no Silicon Valley IPOs before our offering in June 2016). Our training sessions with Suasive were integral in conveying the attractiveness of our business in our roadshow presentations.²

Lee Kirkpatrick, Twilio's then-CFO, quantified the result:

Twilio went public during an unfriendly market, yet the strength of our presentations...helped us close 92% above the offering price.³

In the time between the Cisco and Twilio IPOs, the U.S. Securities and Exchange Commission (SEC) changed the way roadshows were done forever. The SEC gave a company called NetRoadshow permission to stream video road-shows over the internet.

NetRoadshow^b is a website where, after clicking on a Preliminary Prospectus disclaimer, anyone can view a streaming video of a company's IPO presentation.

b Accessible to the public at http://retailroadshow.com

The early versions displayed a simple split screen: on one side was a video of the company's executive officers delivering their pitch; on the other side, the company's slideshow, advancing in lockstep with their narrative (Figure P.1).

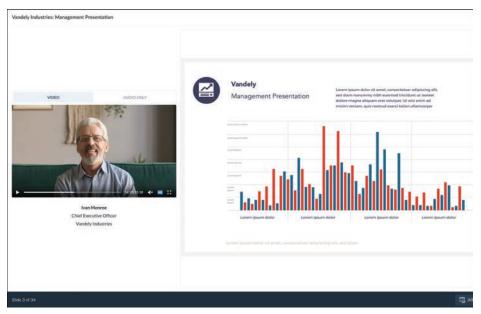


Figure P.1 Split-screen version of NetRoadshow

Over time, some companies began to add more production value with fullscreen images shot at multiple locations using diverse camera angles to demonstrate the company's product or service in action. These elements are often accompanied by videos of customer testimonials and imaginative animations of text and data embedded into those images. These extravagant productions can cost as much as a quarter of a million dollars.

Despite the unrestricted access that NetRoadshow affords, the investment bankers managing these offerings still arrange the same two-week tour for the company's management team, during which they visit those dozen cities to pitch prospective investment firms. Now, however, most of those investors will have seen the streaming version. As a result, the management team, rather than presenting, spends their meeting time discussing their business and answering the investors' questions.

PREFACE

The reason for perpetuating this grueling tour is that no investor will decide to buy tens of millions of dollars of stock based on a canned presentation alone. Investors want to meet the executives in person, press the flesh, look them in the eye, and interact with them directly.

The challenge then is to make that vital interaction a success. John Morgridge of Cisco and Jeff Lawson of Twilio faced that challenge, as do all the CEOs and CFOs of all IPO roadshows—as does every person who delivers *any* presentation—a universal challenge heightened by the all-too-familiar pressure of standing in front of a live audience.

In the following pages, you will learn how to meet that challenge and present to win.

This page intentionally left blank

The Deer in the Headlights

Case Study: Warren Buffet, Berkshire Hathaway

According to most studies, people's number one fear is public speaking. Number two is death. Death is number two! Does that sound right? This means to the average person, if you go to a funeral, you're better off in the casket than doing the eulogy.¹

Comedian Jerry Seinfeld

Picture this: you're seated in the audience for a presentation. The speaker approaches the front of the room, reaches the lectern, turns to face the group, and suddenly freezes, striking the pose of the proverbial deer in the headlights. The eyes widen like dinner plates. The body goes rigid. Then, as the person starts to speak, the parched lips emit a thin, rasping sound, and the halting words that sputter out are punctuated by a series of audible pasty clicks—cottonmouth. In reaction, the person's arm darts down to the lectern to grasp a glass of water and, as the trembling hand lifts the glass, the water almost sloshes over the rim.

Why does this happen? Why would speaking—a most ordinary activity that most people practice all day, every day with complete ease—become so fearful when speaking in front of an audience? Why wouldn't every person who stands to deliver a presentation be the best they can be? After all, many presentations are high-stakes events, where a favorable outcome hangs in the balance of the success or failure of the message and the messenger.

There's the rub: the high-stakes event. At the very instant the presentation begins, when the audience sits back and falls silent, and the presenter or speaker becomes the focal point of attention, he or she suddenly thinks, "*Yikes!* They're all looking at me! I'd better do well! I'd better not mess up!"

Fight-or-Flight

The *Yikes!* thought triggers a physiological reaction, a surge of adrenaline that produces the automatic Fight-or-Flight Response. Adrenaline is the cause,

Fight-or-Flight is the effect, and the result is either contentious (Fight) or defensive (Flight) behavior. This reflexive physical reaction impacts every creature on Earth, including every person who presents, veteran and novice alike—even billionaire investor Warren Buffet. In his biography, he confessed that, as a young man, "I would throw up. In fact, I arranged my life so that I never had to get up in front of anybody."²

Fight-or-Flight affects even professional performers. The great British actor Sir Laurence Olivier, classical pianist Glenn Gould, and popular singers Barbra Streisand and Katy Perry,³ have all acknowledged that they suffer from stage fright, the performers' version of the fear of public speaking.⁴

A paradox: adrenaline, the same physiological reaction that enables a creature to survive in the wild, causes it to falter or fail in the captive environment of a presentation.

Adrenaline Rush Remedies

Solutions to stem the adrenaline rush abound. Among those more than 400 million Google search results for the fear of public speaking, you'll find these recommendations:

- Take deep breaths
- Do push-ups
- Run around the block
- Practice yoga
- Make a fist
- Yawn
- Focus on an imaginary spot in the back of the room
- Pop a pill (beta blockers are the drug of choice)
- Take a swig of alcohol
- Imagine your audience naked
- Have sex

The list goes on, but its length and variety demonstrate that the problem remains unsolved because most of these recommendations are purely physical solutions to what is *not* a purely physical problem. Moreover, a physical approach

INTRODUCTION

to overcoming the fear of public speaking will make a presenter feel like a performer and aggravate the problem that caused the adrenaline to start surging in the first place.

The adrenaline rush is caused by the mental perception that danger is imminent. You'll read more about the adrenaline rush in Chapter Three: *The Butterflies in Your Stomach*, but unless you manage that perception at the very moment of onset, the adrenaline will continue its detrimental rampage unabated. At that critical moment, you can exert the power of your mind to control the forces of your body.

The Mental Method

Use a *psychological solution* for a *physiological problem*. Shift your thinking. Instead of thinking about yourself, think about your audience. See how they are reacting to you. That is precisely what we did with our guests at the CBS studios. By engaging them into two-way conversations, we enabled them to interact and feel less compelled to perform. As a result, they felt less anxious. You'll find a simple three-step process to implement this mind shift in your presentations in Chapter Five: *The Mental Method*.

To lighten your mental load when you step up in front of the room, you'll also find the other methodology we used at CBS in Chapter Four: *The Quest for Content*, an array of techniques to distill, focus, and, best of all, simplify your content.

Natural conversation and clear content. Taken together, they add up to a psychological solution for a physiological problem. These two factors will enable you to reduce your adrenaline rush and, with it, the negative effects of Fight-or-Flight. They will enable you to put into action the time-honored adage "If you have butterflies, make them fly in formation."

In the subsequent chapters, you'll also learn how to optimize the equally important physical factors: your eyes, your body language, your voice, and—the answer to the most frequently asked question about presentation skills—what to do with your hands and arms. In Chapter Seven: *Speak with Your Body Language*, I'll guide you, step-by-step, through a set of comprehensive instructions and exercises. Then, to simply the process, will distill all of them into three high-impact Master Skills.

Ultimately, you'll learn how to integrate all these skills, including the design and animation of your slides. The latter is a unique skillset called *SlideSynchronization*SM. Along the way, you'll progress through the essential stages of the learning process and, with it, discover how to break old habits and develop a new confidence in your ability to speak comfortably in public.

Readers of the first edition will note that I have reduced the number of examples of politicians to only the most iconic—the Kennedy–Nixon debates, Ronald Reagan, Winston Churchill, and a couple of other special cases—and replaced them with examples of people delivering presentations in the business world. After all, I wrote this book for all the road warriors who must deliver pitches that persuade.

I have battle-tested this comprehensive methodology for over three decades, coaching thousands of clients to present with composure and assurance. Learn the techniques, practice them diligently, and you can become a confident, persuasive presenter. Warren Buffet understands the importance of acquiring such skills. He went from early reticence to become the chair and CEO of Berkshire Hathaway, one of the most successful companies in the world. At a CNBC Town Hall Event with Bill Gates, he told an audience of Columbia Business School students that "in terms of public speaking…you improve your value 50 percent by having better communication skills."⁵

Book Conventions

Throughout the book, you'll see this icon, which indicates video and audio files referenced as examples. All the video references are listed in Appendix A. To view select videos, please visit our website: besuasive.com/videos.

Actions Speak Louder Than Words

Case Studies: Malcolm Gladwell • Federico Fellini • Ronald Reagan • Howard Rosenberg • Oliver Sacks, MD • David McNeill • Nikita Khrushchev • The Kennedy-Nixon Debate • James Fallows • Marcel Marceau • The IPO Roadshow Study

> "Actions Speak Louder Than Words" is the maxim.¹ Abraham Lincoln

You are going to find many techniques in this book to optimize your content and your delivery, and overarching all of them is a concept called *Audience Advocacy*[®]—a viewpoint that asks you, the presenter, to be an advocate for your audience. Put yourself in their place and think about who they are and what they want. What are their hopes, fears, and passions? What do they know about you? What do they need to know in order to respond favorably to your message or cause, to act on your call to action?

Audience Advocacy[®]

Apply Audience Advocacy to every aspect of every presentation:

• **Story.** Develop your content to provide what your audience needs *not*, as far too many presentations do, make your story a laundry list all about you, your company, or your product or service.

- **Slides.** Design your deck to illustrate and support your story for your audience *not*, as common business practice has it, to attempt to be a standalone document of your story.
- **Questions.** Answer whatever question your audience asks* *not* as former Secretary of Defense Robert S. McNamara once counseled, "Never answer the question that is asked of you. Answer the question that you wish had been asked of you."²

All these factors are a measure of how your presentation impacts your audience intellectually. Audience Advocacy also applies to how it impacts them interpersonally, to the physical delivery of your story via your body language and your voice. In this view, your audience's perception of you widens from their minds to include how they react to you with their eyes, their ears, and, even more deeply, their guts. How do they *feel* about you?

Think of the presenter and the audience, the speaker and the listener, as the beginning and ending points of *all* interpersonal communications; think of the presenter as a transmitter and the audience as a receiver. The presenter transmits a set of human dynamics known as the three Vs:

- Verbal. The story you tell
- Vocal. Your voice, or how you tell your story
- **Visual.** Your body language, or what you do when you tell your story *not* your slides

Over the past few decades, a number of psychological, neurological, social, and semantic studies have measured the impact of these three dynamics with varying results—for good reason: different settings have different levels of their involvement, e.g., telephone conversations (no Visual), virtual meetings (constricted Visual), text (no Visual or Vocal), etc. However, all these scientific studies agree³ that the Visual, the nonverbal messages humans send to each other via body language, has the greatest impact. Ironically, the most impactful is the most challenging because of the Fight-or-Flight reaction. We'll start with skills and exercises to show you how to control the adrenaline and also give equal emphasis to help you to manage and optimize the Vocal and Verbal dynamics. All three count.

^{*} The correct way to respond to questions is the subject of another of my books, *In the Line of Fire: How to Handle Tough Questions*.

The Power of the Visual

Malcolm Gladwell spent 288 pages of his international bestseller *Blink: The Power of Thinking Without Thinking* discussing what he calls "those first two seconds"⁴ of how people make snap judgments based on first impressions. Frequently, that first impression is purely Visual. The deer-in-the-headlights presenter in the Introduction made a significant first impression without a word of the Verbal or a decibel of the Vocal.

The Visual impact is greater than the Vocal and the Verbal. Or, put another way, Actions (body language) Speak (voice) louder than Words (story).

The Power of the Visual Exercise

Ask a colleague or friend to be your audience for a very brief presentation. Then step up to the front of the room and start to speak, but do so silently, moving your lips without using your voice. As you do, slouch, put your weight on one leg, thrust your hands deep into your pockets, and dart your eyes around the room rapidly.

Then stop and step to the side of the room.

After a moment, step back to the front of the room, stand up straight, look directly at your colleague, and move your lips silently again. Address all your energies to your colleague and extend your hand toward that person, as if you were about to shake hands.

Stop again and ask your trial audience to react to both versions of your exercise. Undoubtedly, the person will respond negatively to the first and positively to the second. And they will have made that evaluation solely on what they saw, not what they heard.

Federico Fellini, one of the world's greatest film directors, fully appreciated the power of the Visual. As a practice, he cast actors more for their appearance than for their voice. Often, he cast nonprofessionals to play the role on camera and later dubbed their dialogue with the voices of professional actors.

Given the time and effort that most presenters expend in preparation for their high-stakes presentations tapping away at their computers, shuffling slides, scribbling on whiteboards or yellow legal pads, or slapping Post-it notes all over the walls, they assume that content is paramount. But when they stand to present, the story takes third place, behind the body language and the voice.

The Power of the Visual in Action

) (Video 1) President Ronald Reagan's Address to the Republican National Convention, August 15, 1988. https://youtu.be/sLW2UXXwjI8?t=2359

The 40th President of the United States

Consider Ronald Reagan, known as the "Great Communicator," and deservedly so for his peerless skills as a public speaker (Figure 1.1). No president in the history of the United States achieved the level of popularity ratings that Reagan did. During his eight years in office (1981–1989), he brought personality to the forefront of presidential qualities. In an office that previously had been occupied by career politicians, former generals, or professional bureaucrats, Reagan's persona radiated a subtle but irresistible charisma that held the national news media, the electorate, and every audience he ever faced in his thrall.



Figure 1.1 Former President Ronald Reagan

٢

The measure of Reagan's impact was best expressed in a reaction to what was to be his presidential swan song: a pass-the-baton speech in support of his imminent replacement, then-Vice President George H.W. Bush. On August 15, 1988, at the Republican National Convention in New Orleans, the assembled delegates in the enormous Louisiana Superdome, and the even larger prime-time television audience, watched as Reagan poured on the charm:

With George Bush, I'll know as we approach the new millennium our children will have a future secure with a nation at peace and protected

ACTIONS SPEAK LOUDER THAN WORDS

against aggression. We'll have a prosperity that spreads the blessings of our abundance and opportunity across all America. We'll have safe and active neighborhoods, drug-free schools that send our children soaring in the atmosphere of great ideas and deep values, and a nation confidently willing to take its leadership into the uncharted reaches of a new age.

So, George, I'm in your corner. I'm ready to volunteer...

The partisan crowd in the Superdome interrupted, rising to their feet to roar their approval, waving their blue and white "Bush '88" banners in a tidal wave of affection. Reagan smiled humbly and then continued:

...a little advice now and then and offer a pointer or two on strategy, if asked. I'll help keep the facts straight or just stand back and cheer. But, George, just one personal request:

Reagan paused for dramatic effect, his eyes crinkling. His lips parted into that classic sunny smile.

Then he resumed to deliver the climax with his trademark signature phrase:

Go out there and win one for the Gipper.⁵

The Television Critic

Among the viewers of the nationwide telecast was Howard Rosenberg, the Pulitzer Prize–winning television critic of the *Los Angeles Times*, who summed up his reaction in his column the next day:

There is a critical moment early in every Reagan speech when his physical presence begins to eclipse his words—when you begin watching more and hearing less—feeling more and thinking less. Look and mood completely take over. That presence on TV: just the sight of him cocking his head with his sincere grin and lopsided hair, is still worth a thousand words and millions of votes.⁶

The Scientists

An equally powerful but converse example of Howard Rosenberg's reaction to Ronald Reagan comes from Oliver Sacks, who was a prominent physician (Professor of Clinical Neurology and Clinical Psychiatry at the Columbia University College of Physicians and Surgeons), as well as a successful author. In his bestselling book *The Man Who Mistook His Wife for a Hat and Other Clinical Tales*, Dr. Sacks described his work with aphasic (brain-damaged) patients. In one incident, Dr. Sacks entered a ward to find most of the patients watching a Reagan speech on television and laughing at him hysterically.

Dr. Sacks explained:

Why all this? Because speech—natural speech—does not consist of words alone....It consists of utterance—an uttering-forth of one's whole meaning with one's whole being—the understanding of which involves infinitely more than mere word recognition. And this was the clue to aphasics' understanding, even when they might be wholly uncomprehending of words as such.⁷

Further scientific validation of the power of body language comes from David McNeill, professor emeritus, Departments of Psychology and Linguistics at the University of Chicago, who conducted studies in a subject he called "communicative effects of speech-mismatched gestures."⁸ The subjects in the study were shown a video in which speakers told a story, but with gestures that differed oddly from the content. After the story, the subjects were asked to retell the story from memory. The subjects described what they saw rather than what they heard. They described the gestures, not the words. The Visual dominated the Vocal and the Verbal.

The Soviet Premier

(Video 2) UN General Assembly, Khrushchev Speech, Philipine Delegate. https://www.youtube.com/watch?v=3A3TRFH6CR0

On September 23, 1960, a day at the height of the Cold War, Soviet Premier Nikita Khrushchev, the contentious leader of the Communist Bloc, came to New York to attend a session of the United Nations General Assembly. When he stepped up to the Swedish green marble dais to deliver his own speech, Khrushchev unleashed a vehement attack against the West, the United Nations, and, in particular, the United States (Figure 1.2).

ACTIONS SPEAK LOUDER THAN WORDS



Figure 1.2 Former Soviet Premier Nikita Khrushchev

The delegates in that international audience, listening to a simultaneous interpreter's voice translate his Russian words, did not hear Khrushchev's voice. So it was his vehement gestures that dominated, vividly conveying his aggressive message. Body language told the story.

The First Televised Presidential Debate

Three days after Khrushchev's speech in New York, a landmark rhetorical event took place at the CBS television studios in Chicago: Vice President Richard M. Nixon and Massachusetts Senator John F. Kennedy, respectively the Republican and Democratic candidates for president, met in the first-ever televised presidential debate. Nixon, the favorite, appeared nervous and rigid, while Kennedy, the underdog, appeared confident and poised. The day after the debate, their positions in the public opinion polls reversed—further proof of the power of the body language.

You'll see a detailed analysis of the historic encounter in Chapter Seven: *Speak with Your Body Language*.

The Political Journalist

James Fallows, after having served as a speechwriter for President Jimmy Carter, became a respected national correspondent for *The Atlantic*, specializing in presidential debates. In one of his articles, Fallows summed up the power of the Visual dynamic:

...the easiest way to judge "victory" in many debates is to watch with the sound turned off, so you can assess the candidates' ease, tenseness, humor, and other traits signaled by their body language.⁹

The Mime

The purest example of the power of the Visual is pantomime, the silent art, which had its origins in classical Greek and Roman drama and later evolution in sixteenth-century Italian *commedia dell'arte*.

France's Marcel Marceau (Figure 1.3), one of the world's most famous mimes, for decades captivated audiences around the globe with his wordless performances. Of special note is his portrayal of the stages of life in a piece called "Youth, Maturity, Old Age, and Death."



Figure 1.3 Marcel Marceau



(Video 3) Marcel Marceau—Youth, Maturity, Old Age and Death (1965). https://www.youtube.com/watch?v=V5RLTZSrr4A

Marceau begins the sequence curled up in the fetal position and then, slowly, in one unbroken sequence, opens up and becomes a toddling infant. Continuing fluidly, he stretches his limbs, and the infant transforms into a strapping young man, striding vigorously forward in place. But soon his strides slow down, his shoulders hunch over, and he becomes an old man, doddering forward until he concludes in a shriveled ball, a mirror image of the fetal position at the start.

Another mime tells a less profound and more whimsical tale—of a person getting ready to go to work—with a complete beginning, middle, and end, all in 60 seconds. The Visual tells the entire story without the Verbal or Vocal.

(Video 4) The Mime. www.besuasive.com/videos

For our culminating example, we return to the business world and, in particular, the high stakes of IPO roadshows. A fascinating academic study examined "how investor perceptions of management influence firm valuation."¹⁰ To assess those perceptions, researchers showed 30-second video clips from the NetRoadshows of 224 companies to random audiences—but they filtered the soundtrack so that the CEOs' voices were distorted, and their words were unintelligible.

The *Wall Street Journal* reported on the study and, in their article, went right to the bottom line:

They found that perceptions of the CEO are a strong predictor of an IPO's price. The study found that for the average CEO, a 5% higher rating on perceptions correlated to an IPO price roughly 11% higher than the price that would be expected based on fundamentals alone. ... The more a chief executive's gestures and manners exude competence during investor pitch sessions, the more likely he or she is to have a higher-priced IPO.¹¹

"Gestures and manners" are the Visual dynamic. The irony is that most presenters spend most of their time and effort on the Verbal content. So, am I suggesting that you should forget about telling your story and focus all of your energy on your delivery skills? Not at all. Put equal effort on both sides of the equation, as much on your body language and your voice as on your story, as much on the messenger as the message.

Of course, as always, focus on how your audience perceives you, the messenger, and the message. Build a bridge between you and your audience. That bridge is *empathy*.

Index

A

Abramson, Jill, 105–106 acting, Method, 45-59 actions. See body language Actors Studio, 45-46 adrenaline, 49 case studies De Niro, Robert, 28 Dudas, Cullen, 24 Rubio, Marco, 24 Twain, Mark, 26 Fight-or-Flight reaction, 2, 49 audience perception of, 29-30, 49 body language and, 26-30, 49 Body Wrap, 28, 91-92 comfort zone paradox, 63-65 physical responses during, 23–24 Time Warp effect, 25-26, 29, 145 Yikes! moment, 30 Age of Ambition (Osnos), 33 Ahmadinejad, Mahmoud, 87 Allbirds, 118 Amanpour, Christine, 118 Anderson, Chris, 66 angle shots, high/low, 80-81 animation ERA exercise, 97-98 in presenter, 91 vocal, 92 animation, slide, 142-143 anxiety. See nervousness Apple Keynote, 143 arm movements Fight-or-Flight reaction and, 26-29 handshake, 88 importance of, 85-88 ReachOut. 88-91 case studies, 89 challenges of, 90-91 ERA exercise, 97-98 exercise for, 88-89 Home Base, 91-92 origins of, 88 Astaire, Fred, 137-138 AT&T ad campaign, 71 @ Glance design concept, 138 The Atlantic, 7

audience. See also empathy adjusting for size of, 131-132 nonverbal reaction of, 53-54 perception of presenter behaviors, 76-77 Fight-or-Flight responses, 23-30, 64 - 65Kennedy-Nixon First Presidential Debate case study, 7, 71-78, 84-85 Phrase & Pause changes to, 126 reading from scripts, 33-34 Audience Advocacy, 127-134 essence of, 169 overview of, 1-2 presentation tips for first ten seconds, 133-134 position of speaker, 127-130 presentation checklist, 130-132 autocue, 34-35

В

Back Links, 155-156 backgrounds, 82-83 Barra, Mary, 107-108 Bay, Michael, 35 Beethoven, Ludwig van, 101 beg-borrow-or-steal method, 32 **Bellows Effect**, 92-96 benefits of, 92 case studies, 93-94 exercise for, 92-93 in virtual presentations, 94-96 Benchley, Pete, 137-138 Benioff, Marc, 89 Bernstein, Leonard, 101 **Bill and Melinda Gates Foundation**, 31 Bitcoin Magazine, 117 blinding light, 132 Blink (Gladwell), 3, 12 blood pressure, Fight-or-Flight reaction and, 24 blood sugar, Fight-or-Flight reaction and, 24 body language of audience members, 53-54 audience perception of, 76-77 Fight-or-Flight responses, 29-30, 63-65 Phrase & Pause changes to, 126 reading from scripts, 33-34

Bellows Effect, 92-96 case studies Ahmadinejad, Mahmoud, 87 Benioff, Marc, 89 CEO NetRoadshows, 8-9 Fallows, James, 7-8 Fauci, Anthony, 81 Fellini, Federico, 3 Gladwell, Malcolm, 3 Kennedy, John F., 7, 71-77 Khrushchev, Nikita, 6-7 Maher, Leah, 84 Marceau, Marcel, 8 McNeill, David, 6 Netanyahu, Benjamin, 87 Nixon, Richard, 7, 71-78, 84-85 Reagan, Ronald, 4-6, 83-84 Sacks, Oliver, 5-6 Tronick, Edward, 83 Chain Action exercise, 97-98 comfort zone paradox, 63-65 definition of, 2 ERA exercise, 97-98 eye contact, 77-83, 101 case studies, 77-78 early neurological imprinting, 77–78 exercises for, 79, 97-98 eye level, 80-82 EyeConnect, 79-80, 97-98, 101, 120-122, 130, 147 Fight-or-Flight reaction and, 23, 29 illumination for, 130 importance of, 77-78 reflexive eye movements, 142-143 Speak Only to Eyes, 120-122, 130, 147 "sweep the room" eye movement, 133-134 in virtual presentations, 79-80 facial features example of, 84 importance of, 83-84 Fight-or-Flight reaction, 2, 49 audience perception of, 29-30, 49 audience perception of reflective behaviors, 29-30, 49 body language and, 26-30, 49 Body Wrap, 28, 91-92 comfort zone paradox, 63-65 physical responses during, 23–24 Time Warp effect, 25-26, 29, 145 Yikes! moment, 30

head movements Fight-or-Flight reaction and, 29 head nods, 53-54, 56, 84 Kennedy-Nixon First Presidential Debate case study, 7, 71-78, 84-85, 93 lecterns, use of, 131 limb movements ERA exercise, 97–98 handshake, 88 importance of, 85-88 ReachOut, 88-91 paralysis by analysis, 96 power of case study, 3 exercise for, 3 qualitative versus quantitative, 96-97 stance Fight-or-Flight reaction and, 29 importance of, 84-85 Kennedy-Nixon First Presidential Debate case study, 77-78 Body Wrap, 28, 91, 92 Bonding (Klaus and Kennell), 78 brainstorming, 38-39 **Brookings Institution**, 33–34 Bryan, William Jennings, 72 Buckley, William F. Jr., 93 Buffet, Warren, xxvii, 169 bullet slides, 151 Burgdorf, Cindy, 171 Bush, George H.W., 4-5 Bush, George W. 105 Buterin, Vitalik, 117 butterflies in stomach. See nervousness Byron, Michael J., 129

С

cadence, pauses and. See also Unwords benefits of, 112–116 case studies Buterin, Vitalik, 117 Fitzgerald, Ella, 111 Gillespie, Dizzy, 111 Kennedy, John F., 112–113 Lagarde, Christine, 114–115 Mozart, Wolfgang Amadeus, 111 Putnam, Israel, 122 Rakove, Jack, 119 Sinatra, Frank, 111 Zwillinger, Joey, 118 challenges of, 117–120

definition of, 112 exercise for, 124-126 in Person-to-Person Conversation method, 124 Phrase & Pause exercise for, 124-126 overview of, 122-123 in virtual presentations, 123-124 second languages, speaking in, 114-115 SlideSync delivery and, 143-145 Speak Only to Eyes and, 120-122 Time Warp effect and, 119, 124 cadence, phrasing and case studies Abramson, Jill, 105-106 Barra, Mary, 107-108 Beethoven, Ludwig van, 101 Bernstein, Leonard, and Stephen Sondheim, 101 Bush, George W., 105 Carney, Mark, 107 Frost, Garrison, 104 Fry, Stephen, 104 Izdebski, Krzysztof, 102 Nooyi, Indra, 108-109 Salie, Faith, 105 Complete the Arc, 100-102 case studies, 107-109 exercise for, 102 EyeConnect, 101 in film and video, 102 in music, 101 overview of, 100-101 Reading the Reaction, 101 definition of, 99-100 rising/falling inflection, 102-106 definition of, 102-103 exception to, 103-104 exercises for, 103 in questions, 103 UpSpeak, 104-105 Vocal Fry, 105–106 Calm, 47-48 **Canadian Mining Symposium**, 129 Canopy, 148 Carney, Mark, 107 Carter, Jimmy, 7 case studies Abramson, Jill, 105-106 Ahmadinejad, Mahmoud, 87 Amanpour, Christine, 118 Anderson, Chris, 66

Astaire, Fred, 137-138 Barra, Mary, 107-108 Bay, Michael, 35 Beethoven, Ludwig van, 101 Benchley, Pete, 137-138 Benchley, Robert, 137-138 Benioff, Marc, 89 Bernstein, Leonard, 101 Bryan, William Jennings, 72 Buckley, William F. Jr., 93 Buffet, Warren, xxvii Burgdorf, Cindy, 190 Bush, George H.W., 4-5 Bush, George W., 105 Buterin, Vitalik, 117 Byron, Michael J., 129 Carney, Mark, 107 Carter, Jimmy, 7 Chabas, Paul, 26-27 Chambers, John, 50-51 Chang, Amy, 94 Churchill, Winston, 160-161 Cicero, Marcus Tullius, 41, 71 Covey, Stephen, 42 Crosby, Tripp, 94-95 Culbertson, Leslie, 140-141 Cuomo, Andrew, 146-147 Curry, Steph, 81-82 da Vinci, Leonardo, 106 De Niro, Robert, 28 Douglas, Helen Gahagan, 74 Dudas, Cullen, 24 Fallows, James, 7-8 Fauci, Anthony, 81-82 Fellini, Federico, 3 Fitzgerald, Ella, 111 Fontana, Olivier, 143-144 Frost, Garrison, 104 Fry, Stephen, 104 Gallwey, W. Timothy, 48, 61 Gates, Bill, 47-48 Gawande, Atul, 130 Gershwin, George, 99 Gershwin, Ira, 99 Gillespie, Dizzy, 111 Gladwell, Malcolm, 3, 12 Goldman, Annika, 148 Graham, Billy, 164-165, 167-168 Hewitt, Don, 74, 77 Hilton, Paris, 105 Hirsch, Ken, 145 Isaacson, Walter, 106

Izdebski, Krzysztof, 102 Jasper, Bill, 144-145 Jobs, Steve, 14-15, 42-43, 49-50, 65-66 Juvenal, 45, 85 Kardashian, Kim, 105 Kennedy, John F., 7, 71-77, 93, 112-113, 161-162, 167-168 Khrushchev, Nikita, 6-7 King, Martin Luther Jr., 162-163, 167-168 Klaus, Marshall, 78 Kocienda, Ken, 15, 65–66 Krulwich, Robert, 13-14 Lagarde, Christine, 114-115 Lawson, Jeff, 36 Lincoln, Abraham, 1, 72, 153-154 Lombardi, Vince, 14, 44 Maher, Leah, 84 Malooley, Jake, 106 Marceau, Marcel, 8 McCabe, Marya, 55-56 McMillan, Don, 137, 149 McNeill, David, 6 Mies, Ludwig van der Rohe, 136 Moglia, Joe, 66 Mozart, Wolfgang Amadeus, 111 Musk, Elon, 66-68 Netanyahu, Benjamin, 87 Newton, Isaac, 85 Nixon, Richard, 7, 71-78, 84-85 Nooyi, Indra, 108-109 Obama, Barack, 24 Osnos, Evan, 33-34 Panayotov, Teodor, 130, 145-146 Pascal, Marianna, 36 Poole, Will, 41 power of, 3 Putnam, Israel, 122 Quattrone, Frank, 146 Raikes, Jeff, 31-32 Rakove, Jack, 119 Rapinoe, Megan, 21 Reagan, Ronald, 157, 169 delivery style of, 4-6, 157-159, 165-168 empathy exhibited by, 167–168 expressiveness of features, 83-84 General Electric Theater opening address, 166 as role model, 168 State of the Union Address (1988), 157-159 Rockne, Knute, 157

Roosevelt, Franklin D., 73, 166 Rosenberg, Howard, 5 Rotella, Bob, 48 Rubio, Marco, 24 Sacks, Oliver, 5-6 Salie, Faith, 105 Scott, Rick, 20 Shakespeare, William, 87, 135, 149 Shmunis, Vlad, 170 Simon, Carly, 53-54 Sinatra, Frank, 95, 111 Smith, Al, 72 Sondheim, Stephen, 101 Sonnenfeld, Jeffrey, 18 Spears, Britney, 105 Stanislavski, Konstantin, 45-46 Stanton, Tyler, 94-95 Steinman, Lawrence, 57-58 Stephen, Will, 20-21 Stumpf, John, 16-18 Sular, John, 80-81 Toomey, Pat, 17 Trestman, Marc, 19-20 Tronick, Edward, 83 Tuchen, Mike, 51-53 Twain, Mark, 23, 26, 56, 111 Warren, Elizabeth, 17-18 White, Theodore H., 76 Zuckerberg, Mark, 33, 82 Zwillinger, Joey, 118 CEO NetRoadshows, 8-9 **CES** (Consumer Electronics Show), 51 **CFPB** (Consumer Financial Protection Bureau), 16 Chabas, Paul, 26-27 Chain Action exercise, 97–98 Chambers, John, 50-51 Chang, Amy, 94 checklist, presentation, 130-132 The Checklist Manifesto (Gawande), 130 chronological flow structure, 42 Churchill, Winston, 160-161 Cicero, Marcus Tullius, 41, 71 Cisco, 50, 79, 146 clusters of ideas, 40-41 Code Media conference, 148 comfort monitors, 35-36 Comfort Zone Paradox, 63-65, 79 competence, consciousness/unconsciousness of, 62-63 **Complete the Arc** case studies, 107-109

exercise for, 102 EveConnect, 101 in film and video, 102 in music, 101 overview of, 100-101 Reading the Reaction, 101 concentration. See Mental Method connections between ideas, 40-41 consciousness of competence/incompetence, 62 Consumer Electronics Show (CES), 50 - 51**Consumer Financial Protection Bureau** (CFPB), 16 contact lenses, smart, 36-37 content, 31-32. See also slides and SlideSynchronization adjusting, 54-58 case studies, 55-58 overview of, 54-55 case studies Bay, Michael, 35 Jobs, Steve, 42-43 Lawson, Jeff, 36 Osnos, Evan, 33-34 Pascal, Marianna, 36 Poole, Will, 41 Raikes, Jeff, 31–32 comfort monitors, 35-36 Mojo Lens, 36-37 scripts, 33-34 story development brainstorming, 38-39 Effectiveness Matrix, 15–16 Flow Structure, 41-43 FrameForm, 37-38 Roman Column method, 41-43 summary of, 44 Verbalization, 43-44 teleprompters, 34-35 WIIFY, 37-38, 54, 92, 136, 151 content-heavy slides, 32 context, establishing, 37-38 continuity, creating for slides, 154-156 Back Links, 155-156 benefits of, 154-156 closure of outbound slide, 154 - 156SlideSync steps, 155 conversation empathy and, 167-168

Person-to-Person Conversation, 69–70 cadence and, 124 case studies, 50–53 overview of, 49–53 series of deposits, 55 in SlideSync delivery, 147 couples, electric shock experiment with, 12 CourseDot, 130 Covey, Stephen, 42 Cramer, Jim, 171 Crosby, Tripp, 94–95 Culbertson, Leslie, 140–141 Cuomo, Andrew, 146–147 Curry, Steph, 81–82 customizing content, 54

D

da Vinci, Leonardo, 106 De Niro, Robert, 28 delivery. See also Verbal dynamic; Vocal dynamics Effectiveness Matrix, 15-16, 152 high story/high delivery, 21 high story/low delivery, 19-20 low story/high delivery, 20-21 low story/low delivery, 16-18 SlideSync, 141-148 continuing around room, 147 example of, 148 moving to another person, 147 pausing, 143-145 reading slide, 145-147 reflexive eye movements, 142-143 Speak Only to Eyes, 147 TitlePlus, 147 turning and clicking, 141-143 depth of field, 54, 132 design design/delivery balance, 135 Less Is More, 136-141 @ Glance design concept, 138 teeterboard effect, 136-137 TitlePlus. 139-141 video demonstration of, 137-138 development, story. See story development display screens, speaker position relative to, 127 - 129**Dolby Laboratories**, 144 double reinforcement, 86 Douglas, Helen Gahagan, 74 Dudas, Cullen, 24

Ε

early neurological imprinting, eye contact and, 77-78 EBCs (executive briefing centers), 51 Effectiveness Matrix, 15–16, 152 high story/high delivery, 21 high story/low delivery, 19-20 low story/high delivery, 20-21 low story/low delivery, 16-18 elaborating on ideas, 54 empathy case studies, 13-15 definition of, 11 Effectiveness Matrix, 15-16 high story/high delivery, 21 high story/low delivery, 19–20 low story/high delivery, 20-21 low story/low delivery, 16–18 eve level and, 81 handshake, 88 head nods and, 84 importance of, 23 science of, 12-13 ERA exercise, 97-98 Ethereum, 117 European Central Bank, 114 evidence, providing, 54 examples, providing, 54 executive briefing centers (EBCs), 51 exercises Bellows Effect, 92-93 cadence, 124-126 Complete the Arc, 102 rising/falling inflection, 103 Chain Action (ERA), 97-98 eye level, 81 EyeConnect, 79 head nods, 84 power of the Visual, 3 ReachOut, 88-89 for reflexive eye movements, 142-143 explaining terms, 54 eye contact, 77-83 early neurological imprinting, 77-78 eye level, 80-82 case studies, 81-82 exercise for, 81 EyeConnect, 79–80, 101 ERA exercise, 97-98 exercise for, 79 illumination for, 130

Speak Only to Eyes, 120-122, 130, 147 in virtual presentations, 79-80 Fight-or-Flight reaction and, 23, 29 importance of, 77-78 in Kennedy-Nixon First Presidential Debate, 77-78 reflexive eye movements, 142-143 "sweep the room" eye movement, 133-134 EyeConnect, 79-80, 101 ERA exercise, 97-98 exercise for, 79 illumination for, 130 Speak Only to Eyes, 120-122, 130, 147 in virtual presentations, 79-80

F

facial features Fight-or-Flight reaction and, 29 importance of, 83-84 falling inflection. See inflection, rising/falling Fallows, James, 7-8 Fauci, Anthony, 81-82 Fellini, Federico, 3 Fight-or-Flight reaction, 2, 49 audience perception of, 23-30, 49 Body Wrap, 28, 91, 92 comfort zone paradox, 63-65 physical responses during, 23-24 Time Warp effect, 25-26, 29, 145 Yikes! moment, 30 filler words, 29, 112-113 film Body Wrap in, 28 Complete the Arc in, 102 Fireside Chat radio broadcasts (Roosevelt), 166 Firing Line, 93 first impressions, 133-134 Fitzgerald, Ella, 111 Flow Structure, 41-43 fMRI (functional magnetic resonance imaging), 13 Fontana, Olivier, 143-144 FrameForm, 37-38 Frost, Garrison, 104 Fry, Stephen, 104 functional magnetic resonance imaging (fMRI), 13

G

Gallwey, W. Timothy, 48, 61 Gartner, Magic Quadrant methodology, 152 Gates, Bill, 47-48 Gates Notes, 47-48 Gawande, Atul, 130 General Electric Theater opening address, 166 **General Motors**, 107 Gershwin, George, 99 Gershwin, Ira, 99 gestures Fight-or-Flight reaction and, 26-29 handshake, 88 importance of, 85-88 ReachOut, 88-91 case studies, 89 challenges of, 90-91 ERA exercise, 97-98 exercise for, 88-89 Home Base, 91-92 origins of, 88 Gettysburg Address, 153-154 Gillespie, Dizzy, 111 GitLab, 79 Gladwell, Malcolm, 3, 12 @ Glance design concept, 138 Golden State Warriors, 81-82 Goldman, Annika, 148 Goldman Sachs, 144, 145 Google, 79 Google Slides, 143 Graham, Billy, 164-165, 167-168 "The Great Communicator." See Reagan, Ronald The Guardian, 105

Н

Hamlet (Shakespeare), 87–88 hand movement. See limb movements handshakes, 88 Harari, Eli, 190 head movements Fight-or-Flight reaction and, 29 head nods, 53–54, 56 *exercise for*, 84 *importance of*, 84 Headspace, 47–48 The Headspace Guide to Meditation and Mindfulness, 47–48 heart rate, Fight-or-Flight reaction and, 23 Hewitt, Don, 74, 77 high angle shot, 80–81 Hilton, Paris, 105 Hirsch, Ken, 145 Home Base, 91–92 *How to Sound Smart in a TEDx Talk*, 20–21 Hurricane Irma, 20

/

I Have a Dream speech (King), 162-163 illumination, 80, 130, 132 Inaugural Address (Kennedy), 161–162 inbound slides, 155-156 incompetence, consciousness of, 62 incompetence, unconsciousness of, 62 infant/mother bonding, eye contact in, 77-78 inflection, rising/falling, 102-106 definition of, 102-103 exception to, 103-104 exercises for, 103 Fight-or-Flight reaction and, 29 in questions, 103 ReachOut and, 92 UpSpeak, 104-105 Vocal Fry, 105-106 The Inner Game of Tennis (Gallwey), 48 Intel Corporation, 140 involuntary sharing, 11 iPhone launch presentation, 14-15, 42-43, 65 - 66IPO roadshows, power of Visual in, 9 The Irishman (film), 28 Isaacson, Walter, 106 Izdebski, Krzysztof, 102

/

Jasper, Bill, 144–145 JMP Securities Technology Conference, 51 Jobs, Steve, 14–15, 42–43, 49–50, 65–66, 106 Juvenal, 45, 85

K

Kardashian, Kim, 105 Kennedy, John F., 7, 71–77, 93, 112–113, 161–162, 167–168 *The Key to Winning Football* (Moglia), 66 Keynote, 143 Khrushchev, Nikita, 6–7

King, Martin Luther Jr., 162–163, 167–168 Klaus, Marshall, 78 Kocienda, Ken, 15, 65–66 Krulwich, Robert, 13, 14

L

Lagarde, Christine, 114-115 large venues, adjusting presentations for, 132 Lawson, Jeff, 36 learning process case studies Jobs, Steve, 65-66 Moglia, Joe, 66 Musk, Elon, 66-68 change from, 61 Comfort Zone Paradox, 63-65, 79 Person-to-Person Conversation and, 69_70 repetition over time, 65-68 stages of, 62-63 Yikes! moment, 68 lecterns, use of, 131 left-to-right movement, 143 Less Is More design, 136-141, 150 teeterboard effect, 136-137 @ Glance design concept, 138 video demonstration of, 137-138 TitlePlus, 139-141 lighting, 80, 130, 132 limb movements Fight-or-Flight reaction and, 26-28, 29 handshake, 88 importance of, 85-88 ReachOut, 88-91 case studies, 89 challenges of, 90-91 ERA exercise, 97-98 exercise for, 88-89 Home Base, 91-92 origins of, 88 Lincoln, Abraham, 1, 72, 153-154 location of speaker, 127-130 Lombardi, Vince, 14, 44 London Underground, 121 Los Angeles Times, 5 low angle shot, 80-81 Lumier, 24 lungs, Fight-or-Flight reaction and, 24, 29

Μ

Macworld, 49-50 Magic Quadrant methodology, 152 Maher, Leah, 84 The Making of the President 1960 (White), 76 Malooley, Jake, 106 The Man Who Mistook His Wife for a Hat and Other Clinical Tales (Sacks), 5-6 Marceau, Marcel, 8 McCabe, Marya, 55-56 McMillan, Don, 137, 149 McNeill, David, 6 meditation, 47-48 medium-size groups, adjusting presentations for. 132 memorization, 43 Mental Method content, adjusting, 54-58 case studies, 55-58 overview of, 54-55 examples of, 58-59 message delivery, 59-60 mind-body connection, 46-48 nonverbal reaction, reading, 53-54 Person-to-Person Conversation, 49-53 case studies, 50-53 overview of, 49-50 series of, 55 scientific basis of, 57-58 Merchants of Truth (Abramson), 106 message delivery, 59-60 Meta Design Concepts @ Glance, 138 TitlePlus, 139-141 Method acting, 45-59 Microsoft, 31, 41, 47-48, 79 PowerPoint, 55, 143. See also slides and SlideSynchronization Presenter Coach, 150 Mies, Ludwig van der Rohe, 136 mime, 8 mind-body connection, 46-48 mirror neurons, 13 misperception of time, 25-26, 29 cadence and, 119, 124 when reading slides, 145 Moglia, Joe, 66 Mojo Lens, 36-37 monkeys, mirror neurons studied in, 11

More is Less design, 136, 137–138. See also Less Is More design Morgan Stanley, 144, 146 Moscow Art Theater, 45–46 motion, range of, 91 Motorola, 170 Mozart, Wolfgang Amadeus, 111 Murphy's Law, 35 music, Complete the Arc in, 101 Musk, Elon, 66–68

N

narrative continuity, creating for slides, 154-156 Back Links, 155-156 benefits of. 154-156 closure of outbound slide, 154-156 SlideSync steps, 155 Neal Analytics, 143-144 nervousness case studies De Niro, Robert, 28 Dudas, Cullen, 24 Rubio, Marco, 24 Twain, Mark, 26 Fight-or-Flight reaction, 2, 49 audience perception of, 29-30, 49 body language and, 26-30, 49 Body Wrap, 28, 91, 92 comfort zone paradox, 63-65 physical responses during, 23–24 Time Warp effect, 25-26, 29, 145 Yikes! moment, 30 Twain on, 23 Netanyahu, Benjamin, 87 NetRoadshows, power of Visual in, 8-9 neural coupling, 13 neurofeedback, 47 neurological imprinting, eye contact and, 77 - 78The New York Times, 33, 80, 106 newscasters, teleprompter use by, 34 Newton, Isaac, 85 Nixon, Richard, 7, 71-78, 84-85 nodding, 53-54, 56, 84 nonverbal reaction, reading, 53 - 54Nooyi, Indra, 108-109 Nova, 13 numeral flow structure, 42 numeric charts, 151

0

Obama, Barack, 24 Osnos, Evan, 33–34 outbound slides Back Links, 155–156 closure of, 154–156

Ρ

Pacific Voice & Speech Foundation, 102 Panayotov, Teodor, 130, 145-146 pantomime, 8 paralysis by analysis, 96 Pascal, Marianna, 36 pauses benefits of, 112-116 case studies Buterin, Vitalik, 117 Fitzgerald, Ella, 111 Gillespie, Dizzy, 111 Kennedy, John F., 112–113 Lagarde, Christine, 114-115 Mozart, Wolfgang Amadeus, 111 Putnam, Israel, 122 Rakove, Jack, 119 Sinatra, Frank, 111 Zwillinger, Joey, 118 challenges of, 117-120 definition of. 112 exercise for, 124-126 in Person-to-Person Conversation method, 124 Phrase & Pause exercise for, 124-126 overview of, 122-123 in virtual presentations, 123-124 second languages, speaking in, 114-115 SlideSync delivery, 143-145 Speak Only to Eyes, 120–122 Time Warp effect and, 119, 124 PepsiCo, 108 performers, teleprompter use by, 34 Person-to-Person Conversation, 49-53, 69 - 70cadence and, 124 case studies, 50-53 Chambers, John, 50-51 Tuchen, Mike, 51-53 overview of, 49-53 series of deposits, 55 in SlideSync delivery, 147

Photographic Psychology (Suler), 80-81 Phrase & Pause exercise for, 124-126 overview of, 122-123 in virtual presentations, 123-124 phrases case studies Abramson, Jill, 105-106 Barra, Mary, 107-108 Beethoven, Ludwig van, 101 Bernstein, Leonard, and Stephen Sondheim, 101 Bush, George W., 105 Carney, Mark, 107 Frost, Garrison, 104 Fry, Stephen, 104 Izdebski, Krzysztof, 102 Nooyi, Indra, 108-109 Salie, Faith, 105 Complete the Arc, 100-102 case studies, 107-109 exercise for, 102 EyeConnect, 101 in film and video, 102 in music, 101 overview of, 100-101 Reading the Reaction, 101 definition of, 99-100 rising/falling inflection, 102-106 definition of, 102-103 exception to, 103-104 exercises for, 103 in questions, 103 UpSpeak, 104-105 Vocal Fry, 105-106 pie charts, verbal navigation of, 152-153 PMA (Positive Mental Attitude), 44 poised posture, 91 politicians, teleprompter use by, 34 Poole, Will, 41 position of speaker, 127-130 Positive Mental Attitude (PMA), 44 posture, poised, 91 PowerPoint, 143 presentations. See also body language; content; nervousness; slides and SlideSynchronization backgrounds, 82-83 case studies Burgdorf, Cindy, 190 Byron, Michael J., 129 Gawande, Atul, 130

Panayotov, Teodor, 130 Shmunis, Vlad, 170 checklist for, 130-132 first ten seconds of, 133-134 Mental Method, 54-58 content, adjusting, 54-58 examples of, 58-59 message delivery, 59–60 mind-body connection, 46-48 nonverbal reaction, reading, 53-54 Person-to-Person Conversation. 49 - 53position of speaker for, 127-130 tools of the trade, 127-134 presenter behavior, audience perceptions of, 76-77. See also empathy Fight-or-Flight responses, 23-30, 63-65 Kennedy-Nixon First Presidential Debate case study, 7, 71-78, 84-85 Phrase & Pause changes to, 126 reading from scripts, 33-34 Presenter Coach, 150 Presenting to Win (Weissman), 25, 37, 138 presidential debates, 7, 71-77, 93 problem/solution flow structure, 42 projection beam, 131 psychological consultation, 48 public officials, teleprompter use by, 34 punctuation, visual, 91 Putnam, Israel, 122

Q

Qatalyst Partners, 146 quality of engagement, 96–97 Quattrone, Frank, 146 questions, answering, 2 quiet mind, 47 quotations, in slides, 153–154

R

Raikes, Jeff, 31–32 raising the bar, 47 Rakove, Jack, 119 range of motion, 91 Rapinoe, Megan, 21 ReachOut, 88–91 case studies, 89 challenges of, 90–91 concept and origins, 88 ERA exercise, 97–98

exercise for, 88-89 Home Base, 91-92 reading audience reactions, 53-54 slides, 32, 145-147, 149 **Reading the Reaction**, 101 Reagan, Ronald, 157, 169 delivery style of, 4-6, 157-159, 165-167, 168 empathy exhibited by, 167-168 expressiveness of features, 83-84 General Electric Theater opening address, 166 as role model. 168 State of the Union Address (1988), 157-159 reflexive eye movements, 142-143 repetition over time, 65-68 rephrasing content, 54 **Republican National Convention, Reagan's** 1988 address to, 4-5 resolution, in music, 101 **Ring Zero Systems**, 170 RingCentral, 79, 170 rising/falling inflection, 102-106 definition of, 102-103 exception to, 103-104 exercises for, 103 in questions, 103 UpSpeak, 104-105 Vocal Fry, 105–106 Rockne, Knute, 157 Rolling Stone, 106 Roman Column method, 41-43 **Ronald Reagan: The Great Communicator** (DVD), 167 Roosevelt, Franklin D., 73, 166 Rosenberg, Howard, 5 Rotella, Bob, 48 Rubio, Marco, 24

5

Sacks, Oliver, 5–6
Salie, Faith, 105
salivary glands, Fight-or-Flight reaction and, 24
Samsung Group, 35
SanDisk Corporation, 190
SATTlab, LLC, 55
Saturday Night Live, 20
Scott, Rick, 20
scripts, 33–34 second languages, speaking in, 114-115 September Morn (Chabas), 26-27 Seven Habits of Highly Effective People (Covey), 42 Shakespeare, William, 87, 135, 149 sharing, involuntary, 11 Shmunis, Vlad, 170 sightlines, 131 SIGNAL, 36 Simon, Carly, 53-54 Sinatra, Frank, 95, 111 The Sky's the Limit (film), 137-138 slides and SlideSynchronization, 2, 135-148 bullet slides, 151 case studies Benchley, Robert, 137-138 Culbertson, Leslie, 140-141 Cuomo, Andrew, 146-147 Fontana, Olivier, 143–144 Goldman, Annika, 148 Jasper, Bill, 144-145 McMillan, Don, 137 Quattrone, Frank, 146 content of, 32 design, 135-148 design/delivery balance, 135 Less Is More design, 136-141 design/delivery balance, 135 inbound/outbound slides, 155-156 Less Is More design, 136-141 @ Glance design concept, 138 teeterboard effect, 136-137 TitlePlus, 139-141 video demonstration of, 137-138 narrative continuity, creating, 154-156 Back Links, 155-156 benefits of, 154-156 closure of outbound slide, 155 Less Is More, 150 SlideSync steps, 155 Suasive Master Skills Cycle and, 156 numeric charts, 151-152 quotations, 153-154 quotations in, 153-154 reading, 145-147, 149 SlideSync delivery, 141-148 continuing around room, 147 example of, 148 moving to another person, 147 pausing, 143-145 reading slide, 145-147 reflexive eye movements, 142-143

Speak Only to Eyes, 147 TitlePlus, 147 turning and clicking, 141–143 SlideSync steps, 155 tables and matrices, 151-152 TitlePlus description, 149-151 verbal navigation of, 151-153 small groups, adjusting presentations for, 131 smart contact lens, 36-37 Smith, Al, 72 Sondheim, Stephen, 101 Sonnenfeld, Jeffrey, 18 Speak Only to Eyes, 120-122, 130, 147 speaker, position of, 127-130 Spears, Britney, 105 speech pattern, Fight-or-Flight reaction and, 29 stages of learning process, 62-63 stance Fight-or-Flight reaction and, 29 importance of, 84-85 Kennedy-Nixon First Presidential Debate case study, 77-78 Stanislavski, Konstantin, 45-46 Stanton, Tyler, 94-95 State of the Union Address (1988), 157 - 159Steinman, Lawrence, 57-58 Stephen, Will, 20-21 Still Face Experiment, 83 story development, 1 brainstorming, 38-39 Effectiveness Matrix, 15-16, 152 high story/high delivery, 21 high story/low delivery, 19–20 low story/high delivery, 20–21 low story/low delivery, 16-18 Flow Structure, 41-43 FrameForm, 37-38 Roman Column method, 41-43 summary of, 44 Verbalization, 43-44 Stumpf, John, 16-18 Suasive FrameForm, 37-38 brainstorming, 38-39 connections and clusters, 40-41 Sular, John, 80-81 sweat glands, Fight-or-Flight reaction and, "sweep the room" eye movement, 133-134

synchronization, slide. See slides and SlideSynchronization

Т

tables, in slides, 151-152 Talend, 51 **TD** Ameritrade, 66 **TechCrunch Disrupt**, 24 **TEDxPenangRoad**, 36 teleprompters, 34-35 televised presidential debates, 77-78 tempo, Fight-or-Flight reaction and, 29 tension and resolution, in music, 101 terms, explaining, 54 Tesla Motors IPO roadshow, 66 Tesla Roadster, launch of, 66 Third Law of Motion, 85 Time Magazine, 106 Time Warp effect, 25-26, 29 cadence and, 119, 124 when reading slides, 145 TitlePlus, 139-141, 147, 149-151 tools of the trade, 127-134 first ten seconds of, 133-134 position, 127-130 presentation checklist, 130-132 Toomey, Pat, 17 **Toronto Argonauts**, 19 transformative curved video screen, 35 Trestman, Marc, 19-20 "Tricky Dicky." See Nixon, Richard Tronick, Edward, 83 Tuchen, Mike, 51-53 turning and clicking (SlideSync delivery), 141 - 143Twain, Mark, 23, 26, 56, 111 Twilio, 36 Twofer, 32

U

unconsciousness of competence, 63 unconsciousness of incompetence, 62 United Nations General Assembly, Khrushchev's address to, 6–7 Unlimited Potential Group (Microsoft), 41 Unwords, 112–113, 149 elimination of, 66–68 Fight-or-Flight reaction and, 29 UpSpeak, 104–105

V

Valley Girl Talk, 104-105 value, adding, 54 Verbal dynamic definition of, 2 verbal navigation of slides, 151-152 Verbalization, 43-44 verbatim reading, 32 video, Complete the Arc in, 102 videoconferencing. See virtual presentations virtual presentations backgrounds, 82-83 Bellows Effect in, 94-96 eve level, 81-82 EveConnect in, 79-80 Phrase & Pause in, 123-124 Visual dynamics, 1-2 of audience members, 53-54 audience perception of, 76-77 Fight-or-Flight responses, 29-30, 63-65 Phrase & Pause changes to, 126 reading from scripts, 33-34 backgrounds, 82-83 Bellows Effect, 92-96 case studies, 71-77 Ahmadinejad, Mahmoud, 87 Benioff, Marc, 89 CEO NetRoadshows, 8-9 Fallows, James, 7–8 Fauci, Anthony, 81 Fellini, Federico, 3 Gladwell, Malcolm, 3 Kennedy, John F., 7, 71-77 Khrushchev, Nikita, 6-7 Maher, Leah, 84 Marceau, Marcel, 8 McNeill, David, 6 Netanyahu, Benjamin, 87 Nixon, Richard, 7, 71-78, 84-85 power of, 3 Reagan, Ronald, 4-6, 83-84 Sacks, Oliver, 5–6 Tronick, Edward, 83 Chain Action exercise, 97-98 comfort zone paradox, 63-65 definition of. 2 ERA exercise, 97-98 eye contact, 77-83, 101 case studies, 71–78 early neurological imprinting, 77-78 exercises for, 79, 97-98

eye level, 80-82 EyeConnect, 79-80, 97-98, 101, 120-122, 130, 147 Fight-or-Flight reaction and, 23, 29 illumination for, 130 importance of, 77-78 reflexive eye movements, 142-143 Speak Only to Eyes, 120-122, 130, 147 "sweep the room" eye movement, 133 - 134in virtual presentations, 79-80 facial features example of, 84 importance of, 83-84 Fight-or-Flight reaction, 2, 49 audience perception of, 29-30, 49 audience perception of reflective behaviors, 29-30, 49 body language and, 26-30, 49 Body Wrap, 28, 49, 91, 92 comfort zone paradox, 63-65 physical responses during, 23-24 Time Warp effect, 25–26, 29, 145 Yikes! moment, 30 head movements Fight-or-Flight reaction and, 29 head nods, 53-54, 56, 84 Kennedy-Nixon First Presidential Debate case study, 7, 71-78, 84-85, 93 lecterns, use of, 131 limb movements ERA exercise, 97-98 handshake, 88 importance of, 85-88 ReachOut, 88-91 nonverbal reaction, reading, 53-54 paralysis by analysis, 96 power of case study, 3 exercise for, 3 Gladwell case study, 3 qualitative versus quantitative, 96-97 stance Fight-or-Flight reaction and, 29 importance of, 84-85 Kennedy-Nixon First Presidential Debate case study, 71-78 visualization, 47 visualization, 47 Vocal dynamics animation, 92 Bellows Effect, 92-96

benefits of, 92 case studies, 93-94 exercise for, 92-93 in virtual presentations, 94-96 case studies Buckley, William F. Jr., 93 Chang, Amy, 94 Crosby, Tripp, 94-95 Kennedy, John F., 93 Sinatra, Frank, 95 Stanton, Tyler, 94-95 definition of, 2 inflection, rising/falling, 102-106 definition of, 102-103 exception to, 103-104 exercises for, 103 Fight-or-Flight reaction and, 29 in questions, 103 ReachOut and, 92 UpSpeak, 104-105 Vocal Fry, 105-106 pauses benefits of, 112-116 challenges of, 117-120 definition of, 112. See also Unwords exercise for, 124-126 Person-to-Person Conversation and, 124 Phrase & Pause, 122-126 SlideSync delivery and, 143-145 Speak Only to Eyes and, 120-122 speaking in a second language, 114–115 Time Warp effect and, 119, 124

phrasing *Complete the Arc, 100–102, 107–109 definition of, 99–100 rising/falling inflection, 102–106* reading slides, 145–147, 149 speech pattern, 29 tempo, 29 *Un*words, 112–113, 149 *elimination of, 66–68 Fight-or-Flight reaction and, 29* Volume, 29, 92 Vocal Fry, 105–106 Volume, 29, 92

W

Warren, Elizabeth, 17–18 Wells Fargo Bank, 16 *West Side Story* (Bernstein), 101 White, Theodore H., 76 WIIFY, 37–38, 54, 92, 136, 151 World Economic Forum, 171

Х-Ү-Ζ

Yikes! moment, 30, 130–132 learning process and, 68 mind-body connection and, 48
"Zone,"47
Zoom, 79
Zuckerberg, Mark, 33, 82
Zwillinger, Joey, 118

PRESENT WITH POWER, POISE, AND CONFIDENCE-IN ANY ENVIRONMENT, LIVE OR VIRTUAL

To succeed, leaders must deliver powerful presentations at every opportunity: speeches, fireside chats, briefings, pitches, virtual meetings, videoconferences, podcasts, and beyond. Whether you're in front of a live audience or a webcam, the way you present yourself verbally and non-verbally is crucial to your success.

Top presentation coach Jerry Weissman gives you the same battle-tested techniques, styles, and strategies he has provided to senior executives at thousands of companies. His proven methodology has enabled presenters to attract investors, sell products, propose partnerships, and get high-stakes projects approved. You'll follow a step-by-step plan to shape your content, control your nerves, master your body language, integrate your graphics with your delivery, and much more.

Part of the Jerry Weissman Presentation Trilogy!

Also look for updated Third Editions of:

- Presenting to Win: The Art of Telling Your Story and Designing Your Slides
- In the Line of Fire: How to Handle Tough Questions...When it Counts

JERRY WEISSMAN, founder of SUASIVE, Inc., is the world's #1 presentations coach. Known worldwide for his confidential executive coaching sessions, his private client list includes leaders at Salesforce, Netflix, Lyft, Twilio, Intuit, Cisco, and Microsoft. He has helped over 600 companies create successful IPO roadshows that have raised hundreds of billions of dollars. Weissman's best-selling books include Presentations in Action and Winning Strategies for Power Presentations.

Register Your Product

at **informit.com/register** for convenient access to downloads, updates, and/or corrections as they become available.

Cover design: Chuti Prasertsith Cover illustration: VikaSuh/Shutterstock Category: Business/Leadership





