

FIVE BASIC ELEMENTS Exercise

Now it's time for you to draw! In the grid below, use the five basic elements—square, circle, triangle, line, and dot—to create drawings of each word in the grid. If you get stuck, skip to the next word.

HOUSE 	CAR	CLOCK	BOOK
LAPTOP	COFFEE MUG	BOAT	IGLOO
CAT	DOG	TRUCK	TRAIN
TRACTOR	LIGHTBULB	EARTH	SATURN
MOUNTAIN	TREE	HAMMER	WRENCH

FISH	BIRD	BUG	ROBOT
FLASHLIGHT	CAMERA	SUBMARINE	SANDWICH
HEADPHONES	MILK JUG	BATTERY	TV
DVD	TV REMOTE	MINIVAN	BIKE
BASEBALL CAP	T-SHIRT	SHOES	TRASH CAN
HAMBURGER	PEN	PENCIL	WATCH

DRAWING PEOPLE Exercise

In the grid below, use the Gray Method to draw people. I've written some suggestions in the open grids to challenge you a bit. Try adding clothes, shoes, hats, and other details — have fun!

<p>STANDING</p> 	<p>RUNNING</p>
<p>WALKING</p>	<p>JUMPING</p>

SITTING	ON THE PHONE	DANCING
DAD & SON WALKING	BACKPACKER	READING A BOOK
TENNIS PLAYER	KUNG FU MASTER	MASTER CHEF

DRAWING FACES Exercise

Now it's your turn to create faces using Austin's approach:

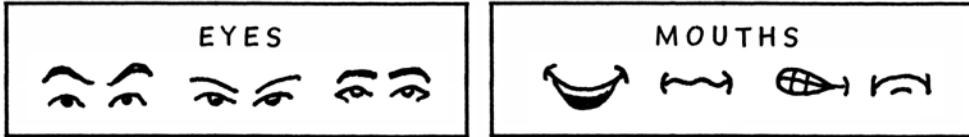
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⌒			
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Next, try that same technique on some blank faces:

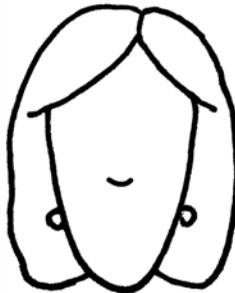


DRAW MORE FACES Exercise

Now it's time to create more faces. I've provided a few eye and mouth options, but feel free to make up your own.



BIFF



BUFFY



MOZZY



TEX



FRED



BIANCA



BOB



FRANKIE

**WHAT OTHER
FACIAL
EXPRESSIONS
CAN YOU
CREATE?**

DRAWING TYPE Exercise

Practicing hand-lettering techniques will help you quickly create type for your sketchnotes in a meeting. Use these pages to practice creating single-line, two-line, triple-line, and block lettering.

SINGLE-LINE LETTERING:

ABCabc

Blank handwriting practice lines for single-line lettering.

TWO-LINE LETTERING:

ABCabc

Blank handwriting practice lines for two-line lettering.

TRIPLE-LINE LETTERING:

ABC abc

Handwriting practice lines for triple-line lettering. The first line contains the example 'ABC abc'. Below it are seven sets of blank triple-line guides for practice.

BLOCK LETTERING:

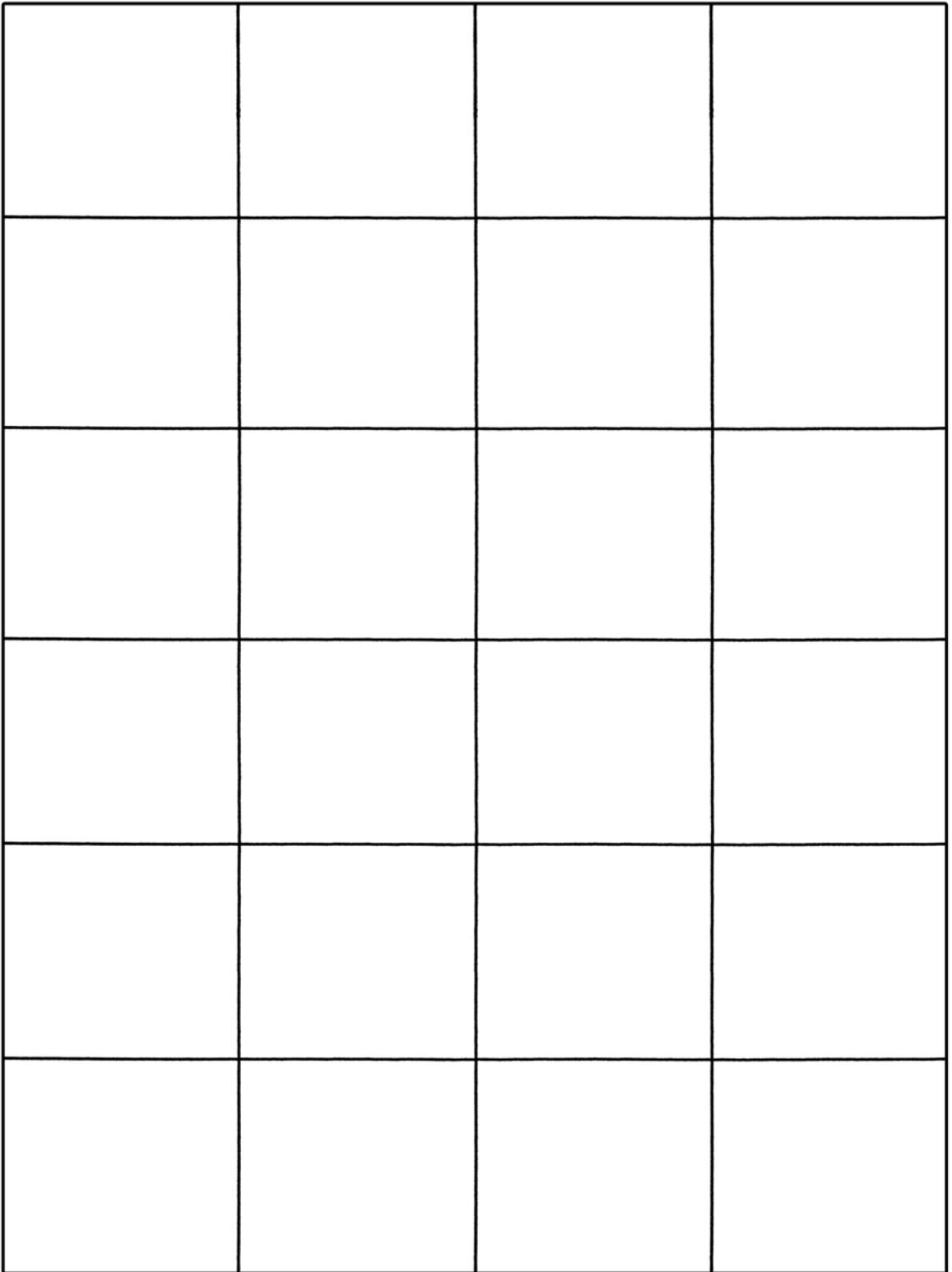
ABC abc

Handwriting practice lines for block lettering. The first line contains the example 'ABC abc'. Below it are seven sets of blank block lettering guides for practice.

VISUAL LIBRARY Exercise: Kitchen

In the grid below, draw as many items from your kitchen from memory as you can recall. Remember to use the five basic elements to draw the images you're seeing in your head.



VISUAL LIBRARY Exercise: Office

In the grid below, draw as many items from your office from memory as you can recall. Remember to use the five basic elements to draw the images you're seeing in your head.

