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MCTS 70-680 Cert Guide: Microsoft® Windows 7, Configuring

Don Poulton

Pearson
800 East 96th Street
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MCTS 70-680 Cert Guide: Microsoft® Windows 7, Configuring

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ISBN-13: 978-0-7897-4707-5

ISBN-10: 0-7897-4707-3

Library of Congress Cataloging-in-Publication Data is on file.

Printed in the United States of America

First Printing: November 2010

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About the Author

Don Poulton (A+, Network+, Security+, MCSA, MCSE) is an independent consultant who has been involved with computers since the days of 80-column punch cards. After a career of more than 20 years in environmental science, Don switched careers and trained as a Windows NT 4.0 MCSE. He has been involved in consulting with a couple of small training providers as a technical writer, during which time he wrote training and exam prep materials for Windows NT 4.0, Windows 2000, and Windows XP. Don has written or contributed to several titles, including *Security+ Lab Manual* (Que, 2004); *MCSA/MCSE 70-299 Exam Cram 2: Implementing and Administering Security in a Windows 2003 Network (Exam Cram 2)* (Que, 2004); *MCSE 70-294 Exam Prep: Planning, Implementing, and Maintaining a Microsoft Windows Server 2003 Active Directory Infrastructure* (Que, 2006); and *MCTS 70-620 Exam Prep: Microsoft Windows Vista, Configuring* (Que, 2008).

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When not working on computers, Don is an avid amateur photographer who has had his photos displayed in international competitions and published in magazines such as *Michigan Natural Resources Magazine* and *National Geographic Traveler*. Don also enjoys traveling and keeping fit.

Don lives in Burlington, Ontario, with his wife, Terry.

Dedication

I would like to dedicate this book to my wife Terry, who has stood by my side and encouraged me throughout the days spent writing this book. This project would not have been possible without her love and support.

Acknowledgments

I would like to thank all the staff at Pearson IT Certification and in particular Betsy Brown for making this project possible. My sincere thanks goes out to Chris Crayton for his helpful technical suggestions, as well as Jeff Riley, development editor, and Chris Cleveland, development editor liason, for their improvements to the manuscript.

—Don Poulton

About the Technical Reviewer

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We Want to Hear from You!

As the reader of this book, *you* are our most important critic and commentator. We value your opinion and want to know what we're doing right, what we could do better, what areas you'd like to see us publish in, and any other words of wisdom you're willing to pass our way.

As an associate publisher for Pearson IT Certification, I welcome your comments. You can email or write me directly to let me know what you did or didn't like about this book—as well as what we can do to make our books better.

Please note that I cannot help you with technical problems related to the topic of this book. We do have a User Services group, however, where I will forward specific technical questions related to the book.

When you write, please be sure to include this book's title and author as well as your name, email address, and phone number. I will carefully review your comments and share them with the author and editors who worked on the book.

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Introduction

MCTS Windows 7 Configuring Cert Guide (Exam 70-680) is designed for network administrators, network engineers, and consultants who are pursuing the Microsoft Certified Technology Specialist (MCTS) or Microsoft Certified IT Professional (MCITP) certifications for Windows 7. This book covers the “TS: Microsoft Windows 7, Configuring” exam (70-680), which earns you the Microsoft Certified Technology Specialist: Windows 7, Configuration certification. The exam is designed to measure your skill and ability to implement, administer, and troubleshoot computers running all editions of Windows 7. Microsoft not only tests you on your knowledge of the desktop operating system, but also has purposefully developed questions on the exam to force you to problem-solve in the same way that you would when presented with a real-life errors. Passing this exam demonstrates your competency in administration.

This book covers all the objectives that Microsoft has established for exam 70-680. It doesn’t offer end-to-end coverage of the Windows 7 operating system; rather, it helps you develop the specific core competencies that you need to master as a desktop support specialist. You should be able to pass the exam by learning the material in this book, without taking a class.

Goals and Methods

The number-one goal of this book is a simple one: to help you pass the Microsoft MCTS Windows 7, Certification Exam (exam number 70-680) and thereby earn this certification. It is also the first step in obtaining the MCITP certification in either Enterprise Desktop Support Technician 7, which validates technical skills and the ability to operate effectively in a support center, or Enterprise Desktop Administrator 7, which validates skills for deploying operating systems and desktop applications and for managing the client life cycle.

Because Microsoft certification exams stress problem-solving abilities and reasoning more than memorization of terms and facts, our goal is to help you master and understand the required objectives for the 70-680 exam.

To aid you in mastering and understanding the MCTS certification objectives, this book uses the following methods:

- **Opening Topics List:** This defines the topics to be covered in the chapter; it also lists the corresponding 70-680 exam objectives.
- **Do I Know This Already? Quizzes:** At the beginning of each chapter is a quiz. The quizzes, and answers/explanations (found in Appendix A), are meant to gauge your knowledge of the subjects. If the answers to the questions don't come readily to you, be sure to read the entire chapter.
- **Foundation Topics:** The heart of the chapter. Explains the topics from a hands-on and a theory-based standpoint. This includes in-depth descriptions, tables, and figures geared to build your knowledge so that you can pass the exam. The chapters are broken down into several topics each.
- **Key Topics:** The key topics indicate important figures, tables, and lists of information that you should know for the exam. They are interspersed throughout the chapter and are listed in table form at the end of the chapter.
- **Memory Tables:** These can be found on the CD-ROM within Appendix B, "Memory Tables." Use them to help memorize important information.
- **Key Terms:** Key terms without definitions are listed at the end of each chapter. Write down the definition of each term and check your work against the complete key terms in the glossary.

Study and Exam Preparation Tips

It's a rush of adrenaline during the final day before an exam. If you've scheduled the exam on a workday, or following a workday, you will find yourself cursing the tasks you normally cheerfully perform because the back of your mind is telling you to read just a bit more, study another scenario, practice another skill so that you will be able to get this exam out of the way successfully.

The way that Microsoft has designed its tests lately does not help. I remember taking Microsoft exams many years ago and thoroughly understanding the term "paper certified." Nowadays, you can't get through a Microsoft exam without knowing the material so well that when confronted with a problem, whether a scenario or real-life situation, you can handle the challenge. Instead of trying to show the world how many MCSEs are out there, Microsoft is trying to prove how difficult it is to achieve a certification, including the newly created MCTS and MCITP as well as the MCSE and MCSA, thereby making those who are certified more valuable to their organizations.

Learning Styles

To best understand the nature of preparation for the test, it is important to understand learning as a process. You are probably aware of how you best learn new material. You might find that outlining works best for you, or, as a visual learner, you might need to “see” things. Or, as a person who studies kinesthetically, the hands-on approach serves you best. Whether you might need models or examples, or maybe you just like exploring the interface, or whatever your learning style, solid test preparation works best when it takes place over time. Obviously, you shouldn’t start studying for a certification exam the night before you take it; it is very important to understand that learning is a developmental process. Understanding learning as a process helps you focus on what you know and what you have yet to learn.

People study in a combination of different ways: by doing, by seeing, and by hearing and writing. This book’s design fulfills all three of these study methods. For the kinesthetic, there are key topics scattered throughout each chapter. You will also discover step-by-step procedural instructions that walk you through the skills you need to master in Windows 7. The visual learner can find plenty of screen shots explaining the concepts described in the text. The auditory learner can reinforce skills by reading out loud and copying down key concepts and exam tips scattered throughout the book. You can also practice writing down the meaning of the key terms defined in each chapter, and in completing the memory tables for most chapters found on the accompanying CD-ROM. While reading this book, you will realize that it stands the test of time. You will be able to turn to it over and over again.

Thinking about how you learn should help you recognize that learning takes place when you are able to match new information to old. You have some previous experience with computers and networking. Now you are preparing for this certification exam. Using this book, software, and supplementary materials will not just add incrementally to what you know; as you study, the organization of your knowledge actually restructures as you integrate new information into your existing knowledge base. This leads you to a more comprehensive understanding of the tasks and concepts outlined in the objectives and of computing in general. Again, this happens as a result of a repetitive process rather than a singular event. If you keep this model of learning in mind as you prepare for the exam, you will make better decisions concerning what to study and how much more studying you need to do.

Study Tips

There are many ways to approach studying, just as there are many different types of material to study. However, the tips that follow should work well for the type of material covered on Microsoft certification exams.

Study Strategies

Although individuals vary in the ways they learn information, some basic principles of learning apply to everyone. You should adopt some study strategies that take advantage of these principles. One of these principles is that learning can be broken into various depths. Recognition (of terms, for example) exemplifies a rather surface level of learning in which you rely on a prompt of some sort to elicit recall. Comprehension or understanding (of the concepts behind the terms, for example) represents a deeper level of learning than recognition. The ability to analyze a concept and apply your understanding of it in a new way represents further depth of learning.

Your learning strategy should enable you to know the material at a level or two deeper than mere recognition. This will help you perform well on the exams. You will know the material so thoroughly that you can go beyond the recognition-level types of questions commonly used in fact-based multiple-choice testing. You will be able to apply your knowledge to solve new problems.

Macro and Micro Study Strategies

One strategy that can lead to deep learning includes preparing an outline that covers all the objectives and subobjectives for the particular exam you are planning to take. You should delve a bit further into the material and include a level or two of detail beyond the stated objectives and subobjectives for the exam. Then you should expand the outline by coming up with a statement of definition or a summary for each point in the outline.

An outline provides two approaches to studying. First, you can study the outline by focusing on the organization of the material. You can work your way through the points and subpoints of your outline, with the goal of learning how they relate to one another. For example, you should be sure you understand how each of the main objective areas for Exam 70-680 is similar to and different from another. Then you should do the same thing with the subobjectives; you should be sure you know which subobjectives pertain to each objective area and how they relate to one another.

Next, you can work through the outline, focusing on learning the details. You should memorize and understand terms and their definitions, facts, rules and tactics, advantages and disadvantages, and so on. In this pass through the outline, you should attempt to learn detail rather than the big picture (that is, the organizational information that you worked on in the first pass through the outline).

Research has shown that attempting to assimilate both types of information at the same time interferes with the overall learning process. If you separate your studying into these two approaches, you will perform better on the exam.

Active Study Strategies

The process of writing down and defining objectives, subobjectives, terms, facts, and definitions promotes a more active learning strategy than merely reading the material does. In human information-processing terms, writing forces you to engage in more active encoding of the information. Simply reading over the information leads to more passive processing. Using this study strategy, you should focus on writing down the items highlighted in the book: bulleted or numbered lists, key topics, notes, cautions, and review sections, for example.

You need to determine whether you can apply the information you have learned by attempting to create examples and scenarios on your own. You should think about how or where you could apply the concepts you are learning. Again, you should write down this information to process the facts and concepts in an active fashion.

Common-Sense Strategies

You should follow common-sense practices when studying: You should study when you are alert, reduce or eliminate distractions, and take breaks when you become fatigued.

Pretesting Yourself

Pretesting enables you to assess how well you are learning. One of the most important aspects of learning is what has been called *meta-learning*. Meta-learning has to do with realizing when you know something well or when you need to study some more. In other words, you recognize how well or how poorly you have learned the material you are studying.

For most people, this can be difficult to assess. Memory tables, practice questions, and practice tests are useful in that they reveal objectively what you have learned and what you have not learned. You should use this information to guide review and further studying. Developmental learning takes place as you cycle through studying, assessing how well you have learned, reviewing, and assessing again until you feel you are ready to take the exam.

You might have noticed the practice exam included in this book. You should use it as part of the learning process. The ExamGear test-simulation software included on this book's CD-ROM also provides you with an excellent opportunity to assess your knowledge.

You should set a goal for your pretesting. A reasonable goal would be to score consistently in the 90% range.

Exam Prep Tips

After you have mastered the subject matter, the final preparatory step is to understand how the exam will be presented. Make no mistake: A Microsoft Certified Technology Specialist (MCTS) exam challenges both your knowledge and your test-taking skills. Preparing for the 70-680 exam is a bit different from preparing for those old Microsoft exams. The following is a list of things that you should consider doing:

- **Combine Your Skill Sets into Solutions:** In the past, exams would test whether you knew to select the right letter of a multiple-choice answer. Today, you need to know how to resolve a problem that might involve different aspects of the material covered. For example, on exam 70-680, you could be presented with a problem that requires you to understand how to incorporate drivers in an unattended installation, as well as what errors you might see if you installed a computer that used a device driver incompatible with Windows 7. The skills themselves are simple. Being able to zero in on what caused the problem and then to resolve it for a specific situation is what you need to demonstrate. In fact, you should not only be able to select one answer, but also multiple parts of a total solution.
- **Delve into Excruciating Details:** The exam questions incorporate a great deal of information in the scenarios. Some of the information is ancillary: It will help you rule out possible issues, but not necessarily resolve the answer. Some of the information simply provides you with a greater picture, as you would have in real life. Some information is key to your solution. For example, you might be presented with a question that lists a computer's hard disk size, memory size, and detailed hardware configuration. When you delve further into the question, you realize that the hardware configuration is the problem. Other times, you will find that the hardware configuration simply eliminates one or more of the answers that you could select. For example, a portable laptop does not support dynamic disks, so if the hardware configuration is a portable laptop and one of the answers is a dynamic disk configuration, you can eliminate it. If you don't pay attention to what you can eliminate, the answer can elude you completely. Other times, the hardware configuration simply lets you know that the hardware is adequate.
- **TCP/IP Troubleshooting Is Built Right In:** Because TCP/IP is a core technology to the Windows 7 operating system, you are expected to know how to configure the operating system, how to recognize IP conflicts, and how to use the TCP/IP tools to troubleshoot the problem. Furthermore, Microsoft expects you to know how to work with the new version 6 of TCP/IP along with the traditional version 4 that has been used for many years. You should also be able to

discern between an IP problem and something wrong with the OS or hardware, or even some combination that involves IP along with some other element.

- **It's a GUI Test:** Microsoft has expanded its testing criteria into interface recognition. You should be able to recognize each dialog box, properties sheet, options, and defaults. You will be tested on how to navigate the new interface: for example, the Aero and Aero Glass desktop themes used by Windows 7, as well as the Category View shown in Control Panel. If you have reverted your Windows 7 desktop to the Windows Classic theme and you have not yet learned the new interface, you might end up selecting answers that are deliberately placed to confuse a person used to the old Windows desktop. Of course, if you know the difference between the two, you'll be able to spot the old ones and avoid them.
- **Practice with a Time Limit:** The tests have always been time restricted, but it takes more time to read and understand the scenarios now and time is a whole lot tighter. To get used to the time limits, test yourself with a timer. Know how long it takes you to read scenarios and select answers.

Microsoft 70-680 Exam Topics

Table I-1 lists the exam topics for the Microsoft 70-680 exam. This table also lists the book parts in which each exam topic is covered.

Table I.1 Microsoft 70-680 Exam Topics

Chapter	Topics	70-680 Exam Objectives Covered
1	Leading Up to Windows 7 Windows 7 Editions Features of Windows 7 A Quick Tour of Windows 7 Patches, Hotfixes, and Service Packs	(n/a)
2	Identifying Hardware Requirements Performing a Clean Installation of Windows 7 as the Sole Operating System Dual-Booting Windows 7 Other Windows 7 Installation Methods Troubleshooting Windows 7 Installation Issues	Installing, Upgrading, and Migrating to Windows 7 ■ Perform a clean installation

Table I.1 Microsoft 70-680 Exam Topics

Chapter	Topics	70-680 Exam Objectives Covered
3	Upgrading to Windows 7 from a Previous Version of Windows	Installing, Upgrading, and Migrating to Windows 7
	Migrating from Windows XP	■ Upgrade to Windows 7 from previous versions of Windows
	Upgrading from One Edition of Windows 7 to Another	
4	Migrating Users from One Computer to Another	Installing, Upgrading, and Migrating to Windows 7
	Migrating Users from Previous Windows Versions	■ Migrate user profiles
	Side by Side versus Wipe and Load	
5	Planning a Windows 7 Deployment	Deploying Windows 7
	Capturing a System Image	■ Capture a system image
	Preparing System Images for Deployment	■ Prepare a system image for deployment
	Deploying Windows System Images	■ Deploy a system image
	Troubleshooting an Unattended Installation	
6	Understanding VHDs	Deploying Windows 7
	Creating and Deploying VHDs	■ Configure a VHD
	Offline Servicing and Updating VHDs	
7	Installing and Configuring Device Drivers	Configuring Hardware and Applications
	Maintaining Device Drivers	■ Configure devices
	Troubleshooting Device Drivers	Monitoring and Maintaining Systems That Run Windows 7
	Configuring Updates to Windows 7	■ Configure updates to Windows 7
8	Configuring Application Compatibility	Configuring Hardware and Applications
	Configuring Application Restrictions	■ Configure application compatibility
	Configuring Internet Explorer	■ Configure application restrictions ■ Configure Internet Explorer

Table I.1 Microsoft 70-680 Exam Topics

Chapter	Topics	70-680 Exam Objectives Covered
9	Understanding the TCP/IP Protocol Configuring TCP/IP Version 4 Configuring TCP/IP Version 6 Resolving IPv4 and IPv6 Network Connectivity Issues	Configuring Network Connectivity ■ Configure IPv4 network settings ■ Configure IPv6 network settings
10	Configuring Networking Settings Configuring Windows Firewall	Configuring Network Connectivity ■ Configure networking settings ■ Configure Windows Firewall
11	Configuring Shared Resources Configuring Security Permissions Configuring Data Encryption	Configuring Access to Resources ■ Configure shared resources ■ Configure file and folder access
12	Configuring User Account Control Configuring Authentication and Authorization Configuring BranchCache	Configuring Access to Resources ■ Configure User Account Control (UAC) ■ Configure authentication and authorization ■ Configure BranchCache
13	Configuring BitLocker and BitLocker To Go Configuring DirectAccess Configuring Mobility Options Configuring Power Options	Configuring Mobile Computing ■ Configure BitLocker and BitLocker To Go ■ Configure DirectAccess ■ Configure mobility options
14	Configuring Remote Management Configuring Remote Connections	Configuring Network Connectivity ■ Configure remote management ■ Configuring Mobile Computing ■ Configure remote connections

Table I.1 Microsoft 70-680 Exam Topics

Chapter	Topics	70-680 Exam Objectives Covered
15	Managing Disks and Volumes Managing File System Fragmentation RAID volumes Configuring Removable Drive Policies	Monitoring and Maintaining Systems That Run Windows 7 ■ Manage disks
16	Windows System Monitoring Tools Configuring and Working With Event Logs Managing Computer Performance Configuring Additional Performance Settings	Monitoring and Maintaining Systems That Run Windows 7 ■ Monitor systems ■ Configure performance settings
17	Using Windows Backup to Protect Your Data Creating a System Recovery Disk	Configuring Backup and Recovery Options ■ Configure backup
18	Restoring Files and Folders System Restore Recovering Your Operating System from Backup Advanced System Startup Options	Configuring Backup and Recovery Options ■ Configure system recovery options ■ Configure file recovery options

How This Book Is Organized

Although this book could be read cover-to-cover, it is designed to be flexible and enable you to easily move between chapters and sections of chapters to cover just the material that you need more work with. If you do intend to read all the chapters, the order in the book is an excellent sequence to use.

Chapter 1, “Introducing Windows 7,” is an introductory chapter that is designed to ease readers that are new to Windows 7 into this book. It provides a broad description of the components of the Windows 7 operating system, including the major items that are new or recently updated, the Windows interface, and the Control Panel components.

The core chapters, Chapters 2 through 18, cover the following topics:

- **Chapter 2, “Installing Windows 7”:** This chapter identifies hardware requirements for Windows 7 and covers installing Windows 7 on a new computer without an operating system.
- **Chapter 3, “Upgrading to Windows 7”:** This chapter covers upgrading a computer running an older version of Windows to Windows 7. It discusses which upgrade paths are supported by Microsoft and which situations require a clean install of the operating system.
- **Chapter 4, “Migrating Users and Applications to Windows 7”:** This chapter discusses the procedures available for getting users of older computers working on new Windows 7 computers with a minimum of delay.
- **Chapter 5, “Deploying Windows 7”:** A large organization typically has hundreds to thousands of computers that must be installed with or upgraded to Windows 7. This chapter discusses methods you can use to perform such deployments in a rapid, timely fashion.
- **Chapter 6, “Configuring Virtual Hard Disks”:** Virtualization is becoming increasingly prevalent in the corporate world these days, and this chapter discusses methods available for creating and using virtual hard disks.
- **Chapter 7, “Configuring Devices and Updates”:** This chapter covers procedures you might use to set up and configure a variety of hardware devices, including use of the drivers that interface these devices with the Windows operating system. It also covers methods you might use to ensure that computers are kept up-to-date with the latest Microsoft patches, hotfixes, and service packs.
- **Chapter 8, “Configuring Applications and Internet Explorer”:** Applications are the heart of any work done by users with Windows 7 computers. This chapter discusses methods you might use to set up applications and configure or troubleshoot options with these applications and Internet Explorer.
- **Chapter 9, “Configuring TCP/IP”:** This chapter discusses versions 4 and 6 of the TCP/IP protocol together with setting up network connections and name resolution. It also discusses network connectivity problems.
- **Chapter 10, “Configuring Network and Firewall Settings”:** This chapter focuses on the use of wired and wireless devices for network connections, configuring and troubleshooting firewalls, and methods for remote management of users and computers.

- **Chapter 11, “Configuring Access to Local and Shared Resources”:** This chapter covers sharing of files, folders, and printers and restricting access to these resources by users and groups. It also covers the use of the Encrypting File System (EFS) to provide an extra layer of security to sensitive documents.
- **Chapter 12, “Configuring Access Controls”:** This chapter covers all aspects of authenticating users to resources, including the BranchCache feature for authenticating users in remote locations. It also discusses the use of User Account Control (UAC) for enhancing the security of computers and the data they contain.
- **Chapter 13, “Configuring Mobile Computing”:** This chapter covers topics of special interest to users with portable computers, including data protection, network access, file and folder access, and power options.
- **Chapter 14, “Configuring Remote Management and Remote Connections”:** More and more users need to connect to corporate networks from diverse locations such as home, hotels, and client locations. This chapter covers all methods used for creating, authenticating, and troubleshooting these remote connections.
- **Chapter 15, “Disk Management”:** This chapter discusses methods you would use for installing and managing disks and disk volumes and troubleshooting problems you might encounter with disks.
- **Chapter 16, “Managing and Monitoring System Performance”:** This chapter focuses on computer performance and looks at factors that might cause degraded performance and steps you might take to restore performance to an acceptable level.
- **Chapter 17, “Configuring Backups”:** Data on a disk volume can easily be lost if a backup is not available, and days or weeks of work could be wiped out. This chapter discusses how you can back up data so that the risk of loss is minimized.
- **Chapter 18, “Configuring System and File Recovery”:** This chapter covers methods you can use to recover computers that have encountered startup and other problems. It also covers options for recovering files when corruption or other damage has occurred.

In addition to the 18 main chapters, this book includes tools to help you verify that you are prepared to take the exam. The DVD includes the glossary, practice test, and memory tables that you can work through to verify your knowledge of the subject matter.

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This chapter covers the following subjects:

- **Upgrading to Windows 7 from a Previous Version of Windows:** This section shows you how you can upgrade from Windows Vista to Windows 7.
- **Migrating from Windows XP:** A direct upgrade from Windows XP to Windows 7 is not possible; however, Microsoft has specified ways in which you can get from Windows XP to Windows 7. This section shows you what you must do to accomplish this task.
- **Upgrading from One Edition of Windows 7 to Another:** Certain upgrade paths are available among the various editions of Windows 7. This section identifies these upgrade paths and shows you how to perform these upgrades.

Upgrading to Windows 7

A lot of individuals have purchased computers running Windows Vista since its rollout in early 2007, and most have been disappointed to a certain extent because of the problems encountered with this operating system, which we have already discussed in Chapter 1, “Introducing Windows 7.” Microsoft has provided paths for upgrading these computers to Windows 7. Further, some users of Windows XP computers would like to take advantage of the latest and greatest of Microsoft operating systems. In this chapter, we look at which computers can be upgraded directly to Windows 7 and which computers require a complete reinstall of the operating system.

Many users are attracted by the features available in higher editions of Windows 7, such as Ultimate, but might have purchased a computer on which a lower edition of Windows 7, such as Home Premium, has been preinstalled. For those users, Microsoft has made upgrade paths available that enable them to move to a higher version of Windows 7. As with the upgrade of an earlier version of Windows, these paths enable users to retain Registry settings and account information from the lower version of Windows 7.

“Do I Know This Already?” Quiz

The “Do I Know This Already?” quiz enables you to assess whether you should read this entire chapter or simply jump to the “Exam Preparation Tasks” section for review. If you are in doubt, read the entire chapter. Table 3-1 outlines the major headings in this chapter and the corresponding “Do I Know This Already?” quiz questions. You can find the answers in Appendix A, “Answers to the ‘Do I Know This Already?’ Quizzes.”

Table 3-1 “Do I Know This Already?” Foundation Topics Section-to-Question Mapping

Foundations Topics Section	Questions Covered in This Section
Upgrading to Windows 7 from a Previous Version of Windows	1–4
Migrating from Windows XP	5–7
Upgrading from One Edition of Windows 7 to Another	8–10

1. Your computer is running Windows Vista Home Premium. Which of the following can you upgrade directly to in one step, without performing a clean installation? (Choose all that apply.)
 - a. Windows 7 Home Premium.
 - b. Windows 7 Professional.
 - c. Windows 7 Enterprise.
 - d. Windows 7 Ultimate.
 - e. You cannot upgrade directly to any of these operating systems; you must perform a clean install of Windows 7.

2. Your computer is running Windows XP Professional. Which of the following can you upgrade directly to in one step, without performing a clean installation? (Choose all that apply.)
 - a. Windows 7 Home Premium.
 - b. Windows 7 Professional.
 - c. Windows 7 Enterprise.
 - d. Windows 7 Ultimate.
 - e. You cannot upgrade directly to any of these operating systems; you must perform a clean install of Windows 7.

3. You are preparing to upgrade your Windows Vista computer to Windows 7. Which of the following tasks should you perform before beginning the upgrade? (Choose all that apply.)
 - a. Run the Windows 7 Upgrade Advisor.
 - b. Run Windows 7 Anytime Upgrade.
 - c. Check for any available upgrades for your computer's BIOS.
 - d. Scan your computer for viruses.
 - e. Remove or disable your antivirus program.
 - f. Install the latest service pack for Windows Vista.

4. You insert the Windows 7 DVD-ROM in the drive of your Windows Vista computer and select the option to install Windows and to get the latest updates. You receive the Which Type of Installation Do You Want page, but the option to upgrade is disabled (grayed out). Which of the following is the most likely reason that this option is not available?
 - a. You have not accepted the license agreement.
 - b. Your computer is running a 32-bit version of Windows Vista, but you have inserted the 64-bit Windows 7 DVD.
 - c. Your computer is running Windows Vista Home Premium, and you are attempting to upgrade to Windows 7 Professional.

- 8.** Your computer runs Windows 7 Home Premium and you want to upgrade to a higher edition of Windows 7. Besides Windows 7 Ultimate, what edition can you upgrade to?

 - a.** Starter
 - b.** Home Basic
 - c.** Professional
 - d.** Enterprise

- 9.** Your computer runs Windows 7 Home Premium and you want to upgrade to Windows 7 Ultimate. You have gone online and purchased a Windows 7 Ultimate upgrade license. What should you do?

 - a.** Run Windows Anytime Upgrade, enter the key code for the Ultimate upgrade, and let the upgrade proceed.
 - b.** Insert the Windows 7 DVD, select the option to install Windows, enter the key code for the Ultimate edition, and run the upgrade.
 - c.** Insert the Windows 7 DVD, select the option to repair Windows, enter the key code for the Ultimate edition, and run the upgrade.
 - d.** Insert the Windows 7 DVD, select the option to perform a clean install of Windows, enter the key code for the Ultimate upgrade, and let the upgrade proceed.

- 10.** You have upgraded your computer from Windows Vista Home Premium to Windows 7 Home Premium. However, you are dissatisfied with the performance of your computer and want to revert to Windows Vista. You verify that a `Windows.old` folder exists. What should you do?

 - a.** Access the System and Security applet in Control Panel and select Uninstall Windows 7.
 - b.** Access the Programs applet in Control Panel and select Uninstall Windows 7.
 - c.** Use the Windows Recovery Environment and the `Windows.old` folder to recover Windows Vista.
 - d.** You cannot revert to Windows Vista; you must reformat the partition containing Windows 7 and perform a clean installation of Vista.

Foundation Topics

Upgrading to Windows 7 from a Previous Version of Windows

Upgrade paths from previous Windows versions depend on the operating system version currently installed. Table 3-2 lists the available upgrade paths for older operating systems.



Table 3-2 Upgrading Older Operating Systems to Windows 7

Operating System	Upgrade Path
Windows Vista Home Basic	Can be upgraded directly to Windows 7 Home Basic, Home Premium or Ultimate.
Windows Vista Home Premium	Can be upgraded directly to Windows 7 Home Premium or Ultimate.
Windows Vista Business	Can be upgraded directly to Windows 7 Professional, Enterprise, or Ultimate.
Windows Vista Enterprise	Can be upgraded directly to Windows 7 Enterprise.
Windows Vista Ultimate	Can be upgraded directly to Windows 7 Ultimate.
Windows 9x/Me	Cannot be upgraded. You need to perform a clean installation of Windows 7.
Windows NT 4.0 Workstation	
Windows 2000/XP Professional	
Non-Windows operating systems (UNIX, Linux, OS/2)	Cannot be upgraded. You need to perform a clean installation of Windows 7.

NOTE Theoretically, you can upgrade Windows XP computers to Windows Vista and then upgrade to Windows 7. However, the licensing costs for such an upgrade would be higher than that of purchasing a clean copy of Windows 7; besides, such older computers might not meet Windows 7's hardware requirements.

CAUTION In addition to the limitations presented in Table 3-2, you cannot directly upgrade a 32-bit Windows Vista operating system to a 64-bit Windows 7 operating system. You also cannot directly upgrade a 64-bit Windows Vista operating system to a 32-bit Windows 7 operating system. Both of these scenarios require a clean installation of Windows 7, regardless of the edition being upgraded.

Preparing a Computer to Meet Upgrade Requirements

In addition to running one of the supported versions of Windows mentioned here, a computer to be upgraded to Windows 7 must meet the hardware requirements previously described in Chapter 2, “Installing Windows 7.” Furthermore, all hardware components should be found in the Windows 7 Logo Program for Hardware. Older software applications also might not be compatible with Windows 7. Such applications might need to be upgraded or replaced to work properly after you have upgraded your operating system.

Windows 7 Upgrade Advisor

Microsoft provides an Upgrade Advisor that generates reports describing hardware and software components that might not be compatible with Windows 7. You can download and install this program free from <http://www.microsoft.com/windows/windows-7/get/upgrade-advisor.aspx>. This report identifies any hardware or software problems associated with the computer to be upgraded.

NOTE In general, nearly all computers that can run Windows Vista can also run Windows 7. However, it is still worthwhile to run the Windows 7 Upgrade Advisor to reduce the likelihood of encountering problems during or after upgrading to Windows 7. In particular, many antivirus programs that are compatible with Vista will not work with Windows 7.

Use the following procedure to obtain a system compatibility report from the computer to be upgraded:

- Step 1.** Download the Windows 7 Upgrade Advisor from the website already mentioned. Read the information provided and then click the **Download** button.
- Step 2.** On the **File Download–Security Warning** dialog box, click **Run** to run the advisor now or **Save** to save it to your hard disk and run the advisor later.
- Step 3.** If you receive a User Account Control (UAC) prompt, click **Continue**.
- Step 4.** The Windows 7 Upgrade Advisor Setup Wizard starts with a **Welcome** page as shown in Figure 3-1. Select the radio button labeled **I accept the license terms** and then click **Install**.
- Step 5.** The installation takes a minute or two to complete. When the wizard displays the **Installation Complete** message, click **Close**.
- Step 6.** The Upgrade Advisor adds an icon to your desktop. Double-click this icon to run the advisor, and then click **Continue** to accept the UAC prompt.

Figure 3-1 You must accept the license terms to run the Windows 7 Upgrade Advisor.



- Step 7.** The Windows 7 Upgrade Advisor displays the page shown in Figure 3-2. Ensure that you have connected and turned on all peripheral devices (such as printers) so that they can be checked. Then click **Start check**.

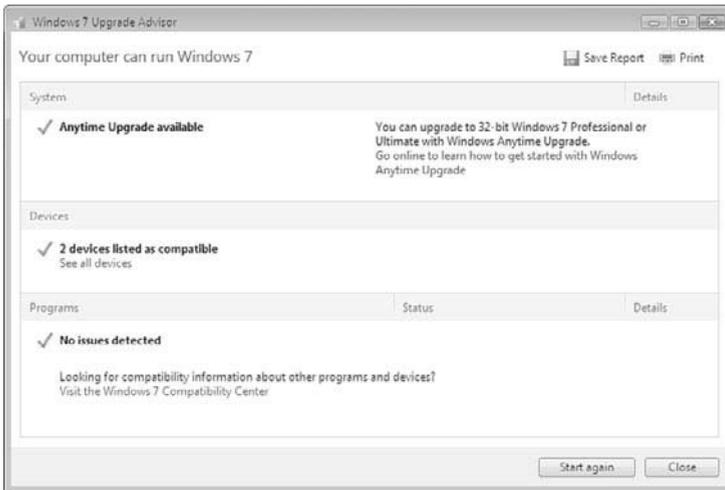
Figure 3-2 The Windows 7 Upgrade Advisor displays this introductory page.



- Step 8.** The Upgrade Advisor checks the hardware and software on your computer and then displays a report window similar that shown in Figure 3-3, which indicates any issues it might have found with your computer. Click the links provided if you need additional information.

Figure 3-3 The Windows 7 Upgrade Advisor informs you of any issues related to system, devices, and programs.

**Key
Topic**



NOTE You can also run the Windows 7 Upgrade Advisor on a computer running Windows XP. The only prerequisite to run this program on a Windows XP computer is to install .NET 2.0 Framework or higher. The steps are similar to those described here, and you will receive a report similar to the one shown in Figure 3-3. Among other items, it will inform you that you need to perform a clean installation of Windows 7.

Additional Preparatory Tasks

Before you upgrade a Windows Vista computer to Windows 7, you should perform several additional tasks, as follows:

**Key
Topic**

- Check the BIOS manufacturer's website for any available BIOS upgrades, and upgrade the computer's BIOS to the latest available functional version if necessary. You should perform this step before a clean install or an upgrade to Windows 7.
- Scan and eliminate any viruses from the computer, using an antivirus program updated with the latest antivirus signatures. You should then remove or disable the antivirus program because it might interfere with the upgrade process. In addition, you should use a third-party program to scan for and remove malicious software (malware).
- Install any upgrade packs that might be required to render older software applications compatible with Windows 7. Consult software manufacturers for details.

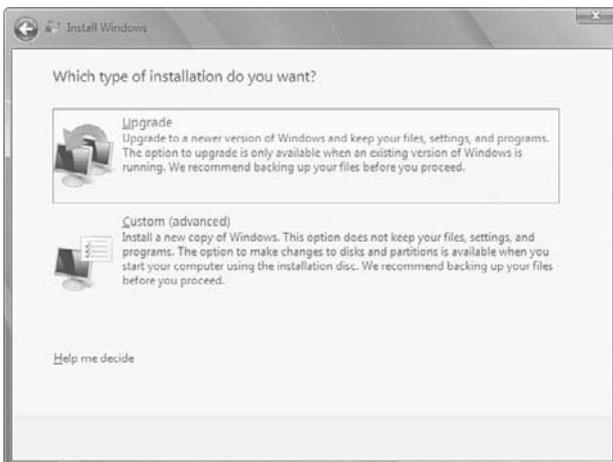
- Install the latest service pack for Windows Vista (SP2 at the time of writing), plus any other updates that Microsoft has published. At the very minimum, you must have Vista SP1 installed.

Upgrading the Computer to Windows 7

After you have checked system compatibility and performed all tasks required to prepare your computer for upgrading, you are ready to proceed. The upgrade takes place in a similar fashion to a new installation, except that answers to some questions asked by the Setup Wizard are taken from the current installation. Perform the following procedure to upgrade a Windows Vista computer to Windows 7.

- Step 1.** Insert the Windows 7 DVD-ROM.
- Step 2.** If you receive a UAC prompt, click **Continue**.
- Step 3.** When the Windows 7 screen appears, select **Install now**.
- Step 4.** Setup copies temporary files, and then the Get Important Updates for Installation page appears. If you are connected to the Internet, select the **Go online to get the latest updates for installations** option. Otherwise, select the **Do not get the latest updates for installation** option.
- Step 5.** Accept the license agreement and then click **Next**.
- Step 6.** On the Which type of installation do you want? page, shown in Figure 3-4, select **Upgrade**.

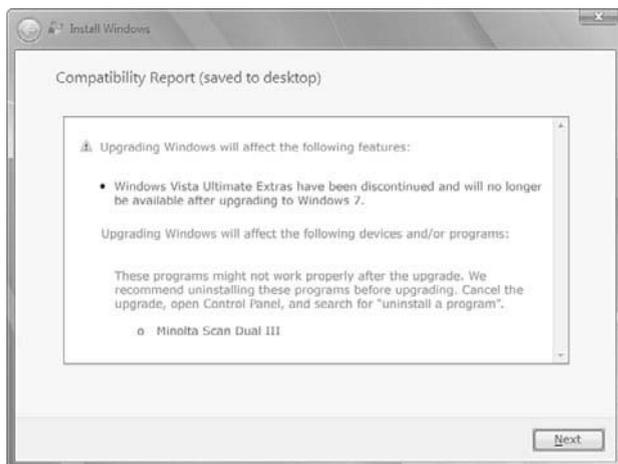
Figure 3-4 The Which type of installation do you want? page offers you a choice between upgrading or performing a clean installation.



- Step 7.** Setup checks for compatibility issues and displays the Compatibility Report page with information about any applications or drivers that are

not supported in Windows 7 (see Figure 3-5). Note the information provided and then click **Next**. If the compatibility check does not find any issues, this page might not appear.

Figure 3-5 The Compatibility Report screen describes items that might be incompatible with the upgrade to Windows 7.



- Step 8.** The Windows 7 upgrade proceeds in a fashion similar to that of a clean installation. It asks for only any information it cannot retrieve from the previous Windows installation.
- Step 9.** After installation has completed and the computer has rebooted, the Help protect your computer and improve Windows automatically dialog box appears (see Figure 3-6). You should select **Use recommended settings**.
- Step 10.** Ensure that the time and date are set properly and then click **Next**. Windows configures your personalized settings and then displays the Windows 7 desktop.
- Step 11.** On the Select Your Computer's Current Location dialog box, make a selection according to your network location.
- Step 12.** Windows finalizes your settings and then displays the logon screen. After you log on, Windows prepares your desktop and you are ready to use Windows 7.

Figure 3-6 Select **Use recommended settings** to ensure optimum protection for your computer.



Migrating from Windows XP

As you have seen, Microsoft does not provide a direct upgrade route from Windows XP to Windows 7. If your computer running Windows XP meets the hardware requirements for running Windows 7, you have two choices for upgrading to Windows 7:

Key Topic

- Upgrade your computer to Windows Vista and then upgrade from Windows Vista to Windows 7. This procedure is time-consuming, is expensive (you will need to purchase upgrade editions of both Windows Vista and Windows 7), and is consequently not recommended.
- Back up all your files and then do a clean install of Windows 7. You will need to reinstall all applications on your computer after you have installed Windows 7.

Use the following procedure to upgrade a Windows XP computer:

- Step 1.** Back up all files before starting, especially those on the partition to be used for the Windows 7 operating system files.
- Step 2.** Use one of the procedures detailed in Chapter 2 to install Windows 7 on your computer. When you are offered a choice of upgrade or clean installation, the upgrade option will be unavailable and you must choose the clean installation option.
- Step 3.** If you want to retain the Windows XP operating system files, select a different partition when offered a list of available partitions. Doing so will create a dual-boot system, as discussed in Chapter 2.

- Step 4.** If you choose the Windows XP partition, the old operating system files will be retained in a `Windows.old` folder as discussed in the next section. Do not format this partition.
- Step 5.** After you have finished the installation of Windows 7, you can migrate your settings to the new installation by following procedures covered in Chapter 4, “Migrating Users and Applications to Windows 7.” You will need to reinstall all your applications on Windows 7.

NOTE For more information on upgrading from Windows XP to Windows 7, refer to “Installing Windows 7 on an Existing Windows XP Computer” at [http://technet.microsoft.com/en-us/library/dd939987\(WS.10\).aspx](http://technet.microsoft.com/en-us/library/dd939987(WS.10).aspx).

TIP Windows 7 requires the NTFS file system. If you are performing a clean installation of Windows 7 on a computer that was running Windows XP, remember that the partition on which you install Windows 7 must be formatted with the NTFS file system. If the Windows XP computer was using a FAT or FAT32 partition, you must execute the `convert c: /fs:ntfs` command from XP before installing Windows 7.

The `Windows.old` Folder

When you upgrade a previous version of Windows to Windows 7, Setup.exe stores copies of the previous operating system subfolders and files in the `Windows.old` folder so that they are available in case you need them. This also happens if you perform an in-place upgrade or reinstallation of a Windows 7 system. This folder assists you in migrating some of your settings to Windows 7 after upgrading from Windows XP. You will find the following subfolders present:

- **Windows.old\Windows:** Contains files from the old Windows operating system.
- **Windows.old\Documents and Settings:** Contains the following subfolders:
 - **Windows.old\Documents and Settings\Administrator:** Contains personal files stored by users of the default Windows XP Administrator account. If you did not use this account, this subfolder might not contain any personal files.
 - **Windows.old\Documents and Settings\All Users:** Contains any documents you might have stored in My Shared Documents (as accessed from the default Windows XP Start menu).
 - **Windows.old\Documents and Settings\Username:** Contains personal files for the user *username*, such as documents, pictures, and Internet Explorer favorites. If you had multiple users on the Windows XP computer, you will find a separate folder labeled with the username for each user.

- **Windows.old\Program Files:** Contains folders for applications that were installed on Windows XP. You might be able to migrate program settings from this folder.

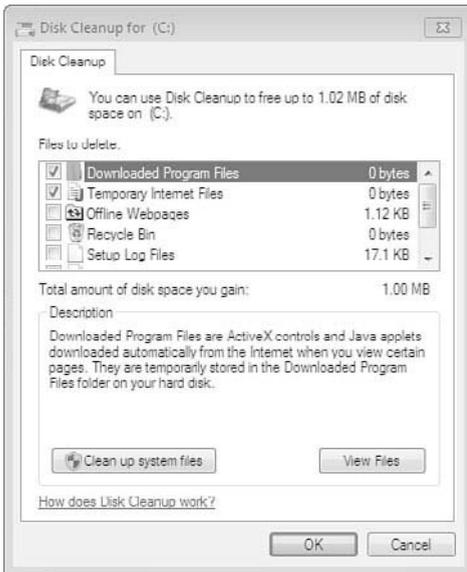
We look at migrating these folders and settings to your Windows 7 computer in Chapter 4. You can also use cut and paste to move their contents to the Windows 7 locations, such as the Documents folder accessed from the Windows 7 Start menu.

NOTE For more information on moving files and settings, refer to “How to restore your personal files after you perform a custom installation of Windows Vista or of Windows 7” at <http://support.microsoft.com/kb/932912>.

Removing the **Windows.old** Folder

After you have restored files and settings from the `Windows.old` folder and are confident that you do not need anything left behind in this folder, you can use Disk Cleanup to remove this folder and reclaim its disk space. Perform the following procedure:

- Step 1.** Click **Start > All Programs > Accessories > System Tools > Disk Cleanup**. You can also type **disk** into the Search box in the Start menu, and then click **Disk Cleanup** from the results list.
- Step 2.** If you have more than one disk partition, the Disk Cleanup: Drive Selection dialog box appears. Select the partition on which you installed Windows 7.
- Step 3.** Disk Cleanup calculates the amount of space you can free up and then displays the dialog box shown in Figure 3-7, showing you what items can be freed up. Click **Clean up system files**.
- Step 4.** If you receive a UAC prompt, click **Yes**, and if you are again asked for a partition, select the Windows 7 partition again.
- Step 5.** The Disk Cleanup dialog box reappears. Select **Previous Windows Installation**. Also select check boxes for any other files you want to delete, click **OK**, and then click **Delete Files** to confirm your action.

Figure 3-7 The Disk Cleanup dialog box enables you to remove unnecessary files and folders.

Upgrading from One Edition of Windows 7 to Another

Chapter 1 introduced you to the editions Microsoft has produced for Windows 7. Just as you can upgrade Windows Vista to Windows 7, you can also upgrade a lower edition of Windows 7 to a higher one. Table 3-3 summarizes the available upgrade paths.

Key Topic

Table 3-3 Upgrading One Edition of Windows 7 to a Higher One

Windows Edition You Are Upgrading	You Can Upgrade to This Edition
Windows 7 Home Basic or Windows 7 Starter	Windows 7 Home Premium
	Windows 7 Professional
	Windows 7 Ultimate
Windows 7 Home Premium	Windows 7 Professional
	Windows 7 Ultimate
Windows 7 Professional	Windows 7 Ultimate
Windows 7 Ultimate	Cannot be upgraded further

Windows Anytime Upgrade

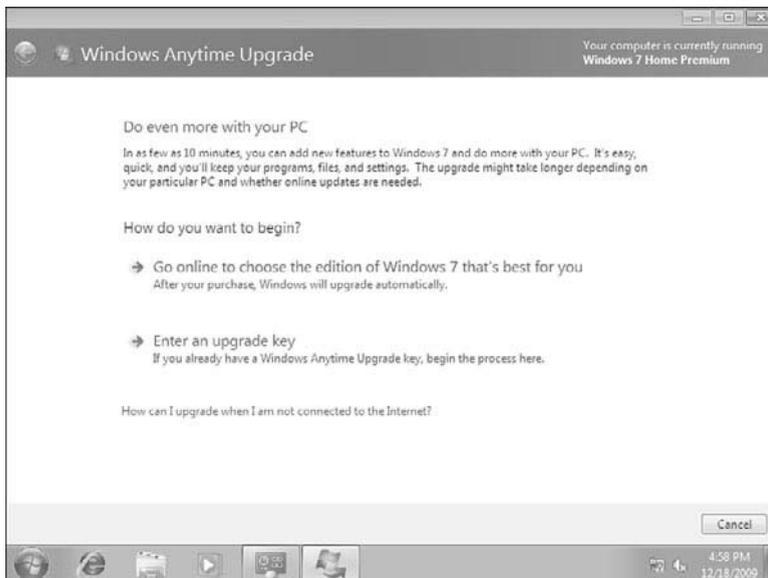
The Windows 7 DVD-ROM contains the code for all editions of Windows 7. When you enter the license key, this tells Setup which edition of Windows 7 you are installing. As mentioned in Chapter 2, you can also install Windows 7 without entering a license key and then select the desired edition. Doing so enables you to preview the capabilities of a given edition before making a purchase decision.

Upgrading Windows 7

Use the following procedure to upgrade one edition of Windows 7 to a higher one:

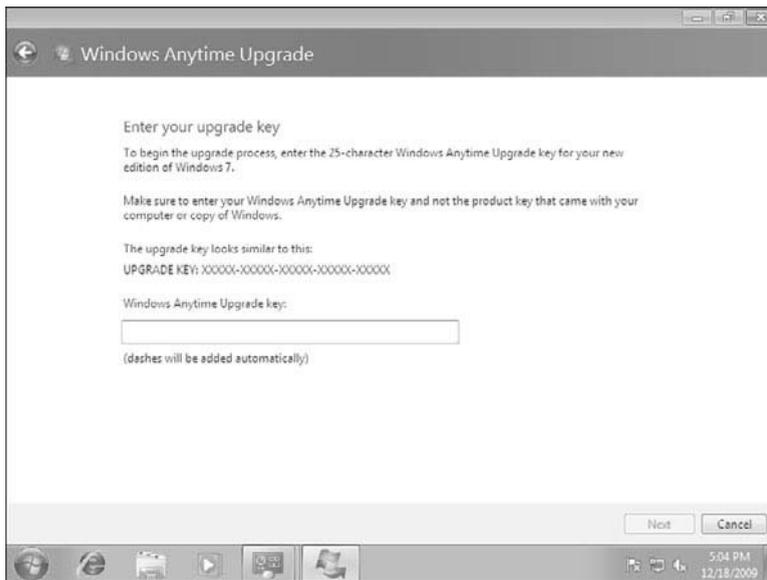
- Step 1.** Click **Start > Control Panel > System and Security > Windows Anytime Upgrade**.
- Step 2.** As shown in Figure 3-8, Windows Anytime Upgrade enables you to compare the available editions of Windows 7 or enter an upgrade key that you have already purchased.

Figure 3-8 Windows Anytime Upgrade enables you to upgrade your edition of Windows 7.



- Step 3.** If you want to review a summary of available features in different editions, click the **Go online to choose the edition of Windows 7 that's best for you** link. While online, you can purchase the license for the edition you want to upgrade to. When finished, close Internet Explorer to return to Windows Anytime Upgrade.
- Step 4.** To upgrade to a higher edition of Windows 7, click the **Enter an upgrade key** link. This takes you to the window shown in Figure 3-9.

Figure 3-9 Windows Anytime Upgrade instructs you to enter the upgrade key you purchased to begin the upgrade.

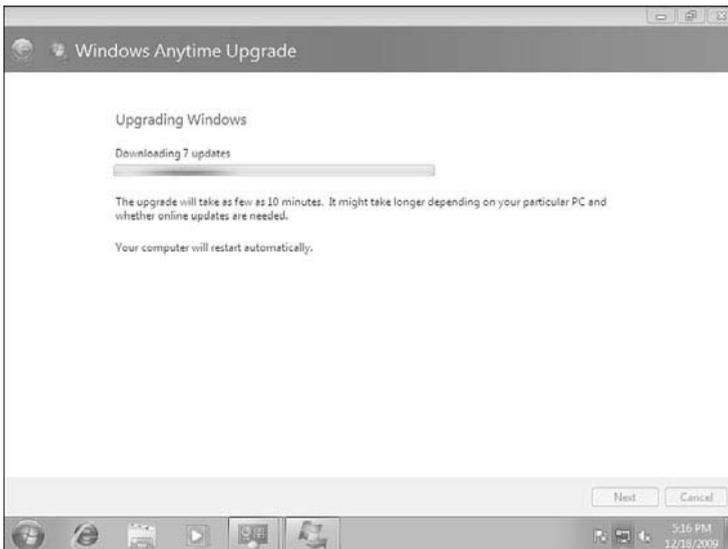


- Step 5.** Type your upgrade key and then click **Next**.
- Step 6.** Windows verifies your upgrade key and, after a few seconds, displays a message to **Please accept the license terms. Click I Accept.**
- Step 7.** Follow the instructions provided to save work and close open programs, and then click **Upgrade**. If you receive a UAC prompt, click **Yes**.
- Step 8.** Windows Anytime Upgrade displays the screen shown in Figure 3-10 as the upgrade takes place. The process might include the downloading of updates.
- Step 9.** After 10 minutes or so, the computer restarts and the upgrade process finishes. The computer restarts a second time to finish the upgrade.
- Step 10.** After this reboot, the Windows 7 logon screen appears with the user-name(s) you specified while running the previous edition of Windows 7. Select an appropriate username and type the password, if configured.
- Step 11.** You are informed that the upgrade was successful. If desired, click the link provided to find out what's new. Otherwise, click **Close**.

Uninstalling Windows 7

In some cases, you might be able to uninstall Windows 7 and revert your computer to a previous version of Windows. Microsoft supports the following scenarios for uninstalling Windows 7:

Figure 3-10 The Windows Anytime Upgrade process includes the downloading and installation of available updates.



- **After Installing Windows 7 over an Earlier Windows Installation:** If the Windows .o1d folder already mentioned in this chapter still exists, you might be able to recover the older Windows installation by using the Windows Recovery Environment. Refer to <http://support.microsoft.com/kb/971760/> for more details. We discuss the Windows Recovery Environment in Chapter 18, “Configuring System and File Recovery.”
- **After Installing Windows 7 on a Computer That Did Not Have a Previous Operating System Installed:** Use the Windows XP or Vista installation media to install the desired version of Windows over the Windows 7 installation. You will lose all data from the Windows 7 installation, so be sure to back up any data of value before starting.
- **After Upgrading from Windows Vista:** Microsoft does not provide a direct uninstall path (unlike the uninstall path provided in Windows 2000). You need to use the same procedure as mentioned for installing Windows 7 on a computer without a previous operating system.
- **After Creating a Dual-Boot or Multi-Boot System:** Back up your programs, files, and settings from the Windows 7 partition. From the other operating system, delete or format the Windows 7 partition. This frees up all the disk space from this partition, allowing its use by the other operating system.

NOTE For more information on these methods of uninstalling Windows 7, refer to “How to Uninstall Windows 7” at <http://support.microsoft.com/kb/971762>.

Exam Preparation Tasks

Review All the Key Topics



Review the most important topics in the chapter, noted with the key topics icon in the outer margin of the page. Table 3-4 lists a reference of these key topics and the page numbers on which each is found.

Table 3-4 Key Topics for Chapter 3

Key Topic Element	Description	Page Number
Table 3-2	Lists operating systems that can or cannot be upgraded to Windows 7	91
Figure 3-3	The Windows Upgrade Advisor warns of possible upgrade problems	94
List	Tasks you should perform before upgrading to Windows 7	94
List	Identifies methods you can use to upgrade Windows XP to Windows 7	97
Table 3-3	Lists supported upgrades from one edition of Windows 7 to a higher one	100

Complete the Tables and Lists from Memory

Print a copy of Appendix C, “Memory Tables” (found on the CD), or at least the section for this chapter, and complete the tables and lists from memory. Appendix D, “Memory Tables Answer Key,” also on the CD, includes completed tables and lists to check your work.

Definitions of Key Terms

Define the following key terms from this chapter, and check your answers in the glossary.

Windows Anytime Upgrade, Windows Upgrade Advisor, Disk Cleanup, Windows.old

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